

February 2024 Regional Minutes

Saturday 2/10/24 and Sunday 2/11/24

Live at 85 Quincy Ave, Quincy

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ATTENDANCE

| Position | Present |
|-----------------|----------------|
| Chair | X |
| Vice Chair | X |
| Secretary | X |
| Asst Secretary | Open |
| Treasurer | X |
| Asst Treasurer | Open |
| Finance | Absent |
| BOD | Absent |
| RD | X |
| RDA | X |
| Convention | X |
| H&I | X |
| PR/Phoneline | X |
| Policy | X |
| Website | Open |
| FD | X |
| Insurance | Absent |

| Areas | |
|--------------------|--------|
| Boston | X |
| Cape Cod | Absent |
| Central Mass | X |
| Greater Providence | Absent |
| Martha's Vineyard | X |
| Metro West | X |

| | |
|----------------|---|
| Northeast Mass | X |
| Southeast Mass | X |
| South Shore | X |
| Western Mass | X |

AREA REPORTS

Boston

Good afternoon. please see the below report for the Boston Area:

As we are the newly appointed RCM and Alt RCM, we haven't had the opportunity to ask that groups provide us with the most relevant issues on how the Region can support the area. GSR's were asked to report back to Area from their groups

Our Area has been having difficulty recently with recruiting participants in service. We are open to feedback on how others have done so. We did have a very successful ASC this past month in selecting a Chair, Assistant Secretary, Treasurer, RCM, and Assistant RCM. Ten groups were represented at the ASC.

Our closing balance at the ASC was \$10,663.83. Groups donated \$903.75 to the Area; we are very grateful to those who have donated to our primary purpose. Our convention committee continues to search for a location to hold the event.

I'd reviewed the Region minutes from the last 6 months and noted that there was a lack of clarity around the status of a diversity workshop in Fellowship Development and Boston Area. I reached out to Fellowship Development to clarify and was informed that the workshop was never asked for by the groups. During our ASC next month, I will clarify whether this is still something that I need or requested and follow up with FD development as necessary.

We have attached fliers for announcements and events in our area. (See Addendum Below).

ILS, Tom M., Boston Area RCM and
Angie, Boston Area Asst. RCM

Cape Cod

No report submitted

Central Mass

[CMANA Reports for January and February](#)

Meeting opened up always on the first Monday of the month at 6:30.

Meetings always open up with a moment of silence, followed by the "WE" version of the serenity prayer, followed by the readings of the 12 traditions, 12 concepts and a vision for NA service.

CMANA Announcements

GSR are asked to please read announcements at their group business meetings. If their group does not have a GSR, any trusted servant or group member is welcome to attend area and bring any concerns, changes, or announcements from their group and to bring information and Area news back to their groups. A GSR orientation session is also provided to them upon arriving as a new GSR. They are also welcome to sit next to an experienced member if they choose too. GSR orientation group sessions are held at 6pm. Right before the Area meeting.

Events in CMANA

- *"Bringing the Hope " First Anniversary Potluck, Feb 13 , at 5:30-8pm 923 Main St. Fitchburg, MA. Parking is accross the street in the post office.*
- *26 Years anniversary on the " Finally in Leister Meeting " April 13th, 6:30-7:30 with food , fun and fellowship after the meeting*
- **NEW MEETINGS**
- *NEW GSR from Milford Sunday night and from Friday night meeting in Worcester Stepping on Greenwood St. and others.*
- *GSR were encouraged to announce to their groups that nominations for Area Positions are taking place again at the March Area Meeting.*
- *Also, please encourage groups to donate directly to the CMANA.*
- *GSR where also encouraged to send their contact information to webchair@centralmass.org*
- *meetings in need of Addict support are Sunday NOT ALONE group on 106 Carter St. Leominster, Mass. 4:30-6pm.*

MOTIONS

Start an EVENTS sub-committee in order to create efficiency by having all events held by the same committee. This committee will hold all area events including the 5 Narcathons. Quorum 17 and 13 in favor, 1 Abstained. Motion Passed.

ILS

Teri Tirado

Greater Providence

No Report Submitted

Martha's Vineyard

No Report Submitted

Metro West

Metro West Area RCM Report to NERSC Feb 2024

Greetings Regionites!

MWASC has met twice since our last Regional gathering in December and it was business as usual. Our Area boasts 19 Groups including 2 which are virtual and host a collective 23 meetings weekly. Our ASC meets in hybrid format on the first Tuesday evening of each month at 350

Washington Street in Brookline Massachusetts, and we see an average of 8 GSRs in attendance. Our H&I efforts continue, and like many other Areas we aren't struggling per se, but could use more member support to fulfill our commitments.

After months of no real PR activity, our PR Chair has stepped down.

We have no Activities or Outreach Chairpersons.

Rylan V. was elected our new RCM Alternate - welcome Rylan! As RCM Team, we will taking it upon ourselves to execute some Group Outreach, and plan to visit those meetings which we have not seen GSR presence from over these past months.

We have made two financial contributions, and one of them was actually a recut check following a harmless snafu with the first version of it being destroyed without deposit.

A difficult but necessary conversation occurred around how we as a body select Trusted Servants, and part of this was revisiting the designees to NESSNA who will be funded by the Regional setaside program. At this time we have taken the month to consider our options and will be making a final decision at our March meeting.

The motion? proposal? survey type thing from FD was discussed and we'll forward our responses to the NERFD Chair as instructed.

Glad to be among you all, thank you for allowing us to be of service - Jaime V & Rylan V. MWA
RCM Team

--

Kind regards,
Jaime Valle

Northeast Mass

No report Submitted

Southeast Mass

FEBRUARY 2024 SEMA AREA'S REPORT TO REGION

Good afternoon NERNA!

SEMA has been meeting in-person at Umass Dartmouth with hybrid options. Average # of GSR's present is 14 out of 34 and average number of administrative positions present is 13 out of 16.

SEMA conducted a workshop on the IDT Predatory and Disruptive Behavior hosted by our FD committee in December that produced a robust discussion and resulted in feedback we were able to submit to the WSO.

Treasury- As our treasurer has been settling into the position, he was finally able to get access to the bank account. When reconciling our account, he added \$1,253.99 that was previously not reflected in our books.

As of January our General Balance is \$8243.51 , our working balance is \$4,743.78 and our regional contribution is \$2,700.42..

NESSNA- In the spirit of involving new people in service events, our area voted to send Justin M and Mke R to represent SEMA at NESSNA..

We were able to elect Erin P as chair, Kate Ha as PR Chair, Jay P to web servant, and Jillian S to finance member leaving several other positions available.

In addition, I have the information requested from Fellowship development. Total numbers of groups in our area is 34 (42 meetings) . We have 7 groups/12 meetings that

are meeting virtual/hybrid. 27 groups are in person (30 meetings). We have an average of 14 GSRs attending. There are 4 open positions (Vice chair, alt secretary, finance, alternate web servant). Our 3 issues of concern are finances, attendance and members with the knowledge and confidence to vote independently. As far as what we would like to see for services from FD in our area, We would like more presentations with fellowship development working in unity with our fellowship services committee. We would also like more information brought back from service events. In addition, we think a presence of FD and other regional members would be beneficial in helping

FEBRUARY 2024 SEMA AREA'S REPORT TO REGION

connect the bridge between SEMA and Region. We believe what our member areas need is to be sought out, heard, not ignored and included not only in activities but in conscience building processes.

ILS,
Laura G

South Shore

Good afternoon,

The report or minutes for the south shore are below;

- H&I subcommittee meeting has now gone hybrid and has seen an increase in attendance and willingness to participate. We now have fewer open commitments and are looking forward to getting more panel leaders.
- Current open positions at the area level are; Vice Chair, Outreach Chair, Secretary and Policy Chair.
- We have a new meeting starting up in Walpole named Safe Haven (a JFT meeting) starting at 6:30-7:30 or 8pm at 32 Common St Walpole MA 02081
- The Living Free group at 871 S Franklin St in Holbrook has closed down due to a lack of attendance.
- The PR subcommittee had made blue magnets with QR codes for spreading the word of NA services by having the QR code direct them to NERNA
- South Shore had voted on two members to attend NESSNA, Steve R (our area chairperson) as well as myself (Tony F, alt RCM)
- There is a subcommittee for the 40th Anniversary of the South Shore that will be putting on another fundraiser on Saturday February 17th from 12-6p (12-4pm bingo, trivia and more, 4-6pm speakers) The event is called Game Day and is at 900 Main St in Brockton.
- The 40th anniversary for the South Shore will be held in December 2025, all information is being planned currently and will have news in the next region.
- South Shore's Donation was \$991.00
- We are looking forward to hosting the next region meeting

Thank you Tony
F.

Western Mass

No Report Submitted

SUBCOMMITTEE REPORTS

Chair: No Report Submitted

Vice Chair: No Report Submitted

Secretary: No Report Submitted

Treasurer Report 2/11/24

Committee met on 2/10 with 2 members in attendance: Treasurer and Finance Chair. The assistant treasurer needed to step down mid cycle so the position is now open.

Starting balance for the day is \$4138.89. Check to NAWS was written in the amount of \$3,564.91.

Area Contributions Received:

| Area | Contribution | Notes |
|--------------|--------------|-----------------------------------|
| SEMA | \$2,700.45 | Online transfer |
| Western Mass | 594.39 | Check in person |
| South Shore | 844.05 | PayPal (after fee) |
| South Shore? | 971.60 | PayPal (after fee) Thomas Maloney |
| NEMA | 392.14 | PayPal (after fee) |
| NEMA | 31.41 | PayPal (after fee) |
| Metro West | 592.42 | Check via mail |

Customary Expenses Paid: Hosting expense of \$600 for February regional weekend, Zoom and QuickBooks for Jan and February, as well as renewing our annual P.O.Box. Also have to re-issue 1495 from Dec 2022 to NAWS, send directly to office 19737 Nordhoff Place, Chatsworth, CA 91311 On 12/14/2023 we received a \$1,000 deposit into our account, if this is from you or your area/group please let me know so I can count for it according. This was determined to be Cape Cod Area.

Future expenses left in fiscal year: PR Harvard Health Fair and misc lit, RD NEZF April, FD NESSNA and small unknown fund, website expenses, regularly scheduled insurance payments. If your subcommittee has a known request outside of the above mentioned please let me know so I can adjust the financial calendar accordingly.

Convention: the \$10,000 seed money was transferred to the convention last month.

Check signers: We need to update the check signers for the region. Between now and April I would like to get the bank account assignees updated. Current Bank account signers are: D'Lanor Harris, Lauren Cavanaugh, and Kevin Baldwin. I need a vote for the record in the minutes to remove Lauren Cavanaugh and Kevin Baldwin from the account

VOTE: PASS

Vote to allow D'Lanor Harris to stay on the bank account and add Kevin Hehir, and Noel Dennis to the bank account

VOTE: PASS

Current money motions: Received a money motion \$573.98 from PR for NESSNA literature, this is not in the set aside budget and would be utilizing funds in from the working balance. Received NESSNA (\$3,105.20 + \$500= \$3,605.20) motions from RD/AD these funds were set aside in the amount of \$4,400. RD motions for NEZF at NESSNA \$519.53, AD motion for NEZF \$524.42 plus unfunded trusted servant \$200 for a total of \$1,243.95 which is accounted for in the current set aside for attending NEZF.

See addendums for balance sheet, balance sheet details, and deposit details.

New England Regional Convention Committee

02/1/24

NERC Chair: Teresa D (781) 526-4006

The New England Regional Convention Committee met Saturday February 10, 2024

There were 10 people in attendance.

9 out of the 12 positions are now filled.

| | |
|--------------------|----------|
| Vice Chair: | Kevin R |
| Treasurer: | Lenny P |
| Assist. Treasurer: | Stacy S |
| Secretary: | Denise H |
| Asst. Secretary: | Open |
| CI: | Robert G |
| F&E: | Open |
| H&H: | Peggy M |
| Merchandising: | Gail L |
| Programming: | Gary N |
| Registration | Delia M |

Convention Committee received the \$10,000 set aside money.

The hotel contract was signed and a deposit of \$5,000 was made.

| | |
|---------------------------|-----------|
| Treasurer opening balance | \$11,182 |
| Hotel Deposit | \$5,000 |
| P.O. | \$334.60 |
| Ending Balance | \$5847.40 |
| Open Forum | |

It was discussed to have a registration and programming to have submissions sent to their homes instead of a P.O. Box, but decided to get the P.O. Box instead.

Discussion about cost of registration, banquet and brunch

Early Bird \$20
Pre-Registration \$30
Registration \$40
Banquet tentatively \$45
Breakfast \$25

Hospitals and Institutions (H&I)

H&I (Hospitals and Institutions) met hybrid yesterday at 11:30am. There were five areas in attendance. The DOC (Department of Corrections) coordinator brought to the subcommittee's attention that no commitments are going into state prisons since Covid except for OCC (Old Colony Corrections) by South Shore Area. The DOC coordinator is asking the areas to contact him with the contact information for the coordinators for the state facilities each area serves so he can support them in getting commitments started back up. WSR (Writing Steps for Recovery) is going to work with the DOC coordinator to start getting the word to the state prison system regarding this service this region provides. A flyer to send out to NA member on how to get involved has been approved and will be sent to the secretary to go in the minutes. I will also be sending it to the area chairs to distribute to their areas. The policy adhoc met on 01/13/2024 at 10am to develop a new policy for the subcommittee. It consisted of the adhoc chair and myself. We have more work to do on it but we have gotten a lot done on it. Greater Providence area is planning on having an H&I information table at their convention and I offered my support where needed with that. PR (Public Relations) asked the area H&I chairs to send PR their contacts at the facilities they serve so they can invite these facilities to NESSNA (NORTHEASTERN STATES SERVICE SYMPOSIUM). I am working on assisting the areas on getting that information to PR.

In loving service, Chelsee
B.

PUBLIC RELATIONS SUBCOMMITTEE REPORT TO NERNA February 11, 2024

We met yesterday on 2/10/24 with 14 in attendance including interested addicts representing 6 areas and PR Subcommittee chairs from 2 areas.

ATTENDANCE:

Central Mass, South Shore, and Western Mass PR chairs/vice chairs in attendance along with Phone Line chair.

Greater Providence represented by a PR Subcommittee member, but no report given or chairperson.

Boston and MetroWest PR not represented but interested addicts from area committees were in attendance.

No report or representation from Cape Cod, Martha's Vinyard, Nantucket, NEMA, or SEMA.

AREA REPORTS:

Central Mass: 10/29/23 CMANA PR held a flyer hanging and PR informational event at 44 temple st in Worcester MA, talking with a small group about the importance of public relations within the community. Then we fanned out in small groups and hung flyers throughout Worcester. Later those flyers were given to GSR's at CMA to distribute throughout the area through groups.

November CMANA PR did not meet

December PR had discussed buying literature racks to distribute in Clinton and Fitchburg. This would be pulled from the left over funds from the flyer hanging day.

January PR had discussed talking about doing a letter distribution day in February to the judicial area in Worcester. We also discussed discontinuing the Fitchburg PR Presentation on a monthly basis since it has been essentially a glorified H&I presentation. Discussion with Marc Leary at the Fitchburg Probation will happen will soon.

February PR went through with letter distribution but with the school systems first. Not to the judicial system. We plan to drop off some meeting lists to at local ER's. Any further questions please reach out to Tom G.

South Shore: The Committee has met twice since last Region w 4 attendees & 3 attendees in Hanson, MA. We meet prior to the monthly ASC meeting 1st Sunday from 1 -2 pm. There is also a virtual supplemental PR meeting held online the prior Sunday of each month at 12:30 pm.

Open positions: Vice Chair, Event Coordinator, H&I Liason, and Lit.Rack Reps needed

Expenses: Our committee's monthly budget is \$200. Expenditures for 2 months were \$196 for PR literature and meeting list & \$74 for 5 lit racks. (\$270)

Phone-line Volunteers: Mark K and David D are the volunteers for Regional. 4 calls received. See Regional Phoneline report for details.

PR Supplemental Online Meetings: 1/28: 2 attendees discussed the relationship between the H&I and PR committees, and also a suggestion to add the Zoom login info to SSA Web Page on NERNA site, which has been implemented

Completed events & outreach: Saturday 12/9 (same day as Region) H&I / PR Learning sessions conducted at an SS Area 38th Anniversary activity in Mansfield.

Literature Racks: There are currently ~30 active racks in SSA Towns. 3 new racks out this month: One to replace a broken rack in Bridgewater PD, 1 to Easton PD, 1 to Universal Mission in Brockton.

Quincy - 14 locations; Holbrook and Braintree -3 racks; Rockland 2 locations OK; Bridgewater (4 sites) Plymouth - (5 racks). Easton: Police Dept. (Gary N.). Brockton – 2 racks

Drop-in Centers: PCO Hope in Plymouth (NA Lit table) is open 10-2 Mondays. Commitment is open

New Business: 1) (10) SSA PR magnets placed in MA DPH. 2) A question was asked about our ability to track NERNA website hits related to specific PR projects (magnets in MA DPH). In Grateful Service, David D. (617) 481-6737

Western Mass: I want to start by saying I am sorry for missing the December meeting.

Western Mass PR has met twice since our last meeting. We are averaging 6 addicts per meeting I was re-elected as PR Chair at our December Area Meeting. All but one of our positions in the sub-committee have been filled. We are still in need of a Literature Coordinator so our Vice Chair is covering that position at this time.

Not much for table events this time of year but we keep looking for some.

WMA Chair: Pete C., Vice Chair: Mike R., Secretary: Melanie R., Literature Coordinator: open currently held by Vice Chair, Phoneline: Cailey W., Web Servant: Stacy F.

We have around 12 literature racks that are maintained monthly. We are looking at a few other facilities to place some too.

We still have a PSA playing on a few radio stations in our Area still. One with a Female, and one with a Male narrator. I have heard them both several times.

We had a Poster Drive on January 27th. We had 12 addicts attend and we hung 127 posters. We covered Westfield, Easthampton, Agawam, West Springfield, Southwick and more. Our next Poster Drive will be on April 13th at 1pm in Springfield. We will cover Springfield, Chicopee, Holyoke, Ludlow and more.

We are doing a presentation at Springfield College on March 7th. It is for medical students interested in recovery based professions.

We have been invited to the Umbrella of Hope event in Belchertown on May 4th. We have done this event several times in the past and will be attending this one.

Submitted: Pete C, WMA PR chair

CHAIR report: Literature and NAWS merchandise available to PR committees was reviewed, including the PR Handbook, PR Basics, PR Information Pamphlet packet, and others. Area subcommittee service pieces were also reviewed and the South Shore PR Pamphlet was presented as an example.

All in attendance were encouraged to make their best effort to introduce other members to service in Public Relations Committee work as well as a reminder that WE ARE ALL PR!

Vice Chair reported efforts to keep all members and interested addicts in the loop with emails and invitations. All events presented to Regional PR have been covered and well attended. A review was given of PR materials available for presentations including displays, computers and projectors, table covers and a full cache of literature. Some discussion of the use of QR codes on our literature, posters, flyers, and magnets led to an idea presented that we can track the efficacy of QR-outreach efforts electronically. David will look into this and more will be presented on this at our next meeting.

Social Media: We have updated both of our forward-facing Social Media outlets (FB and IG) and we have made several posts since our last meeting. A Social Media subcommittee meeting is planned for early March to create a plan for increasing posts and Social Media outreach over the coming months. The interest in our pages continues with a steady flow of followers and positive feedback from the public.

Secretary report: All is well.

Helpline report:

MARTHA'S VINEYARD- (Bill/Amanda) - no phone calls

NANTUCKET-(Beth) - no phone calls

CENTRAL MASS -(Krist) - two phone calls and there are no emails

CAPE COD -(Harold) - one phone call however the caller was not there when Harold answered it so Harold called back several times , the caller never picked up the call back

SOUTH SHORE - (Mark K. / David D.) - A call was received from a house bound individual and inquires if there are on line meetings. She was directed to NERNA and the virtual drop down. It was suggested that she explore some local hybrid groups and become familiar with local members. A call was received from an individual in the psych - triage unit of the ER. The Caller is educated on what the phoneline's purpose.

A call was received from staff of a hospital ED asking phoneline representative to speak with "psych patient on drugs. The phoneline representative offers encouragement and to seek NA meetings when the caller is able

NEMA/METROWEST- (Mikey S.???) - I tried to reach out for a phoneline report but no response - no report

SEMA- (Ruthanne) A phopne call on the hotline was a girl looking for a meeting. The caller recognized ruthaaane's voice and they chatted some more.

WMASS -(Cailey / back up is Stacy) - In December a call came in but no one was there but just music was heard.

GPANA- (Stephanie C.) - 12 phone calls including an addict looking for transportation to meetings along with a meeting directory. Steph told the caller that we do not have a ride service however

many of our meetings are on the bus lines and Steph gave her the GPANA.org website for meetings in this area.

An addict called visiting the Attleboro area looking for marathon meetings , Steph used the NERNA website to find events in the area and gave him the address to the marathon meetings in Mansfield.

A caller from someone whose daughter is homeless with schizophrenia and substance use issues and wanted information was informed that NA is a peer to peer fellowship determined by the individual so she would need to come find a meeting herself, we don't do wellness checks or force individuals. The caller took some meeting info

An employee from an outpatient behavioral health unit in Warwick called looking for commitments . given info on H&I and our website

Caller called for her nephew looking for information , Steph gave her a meeting in her area tonight and that she was welcome at because it was a open meeting and explained the meeting list and the fellowship. an addict called looking for someone to talk to instead of going to a meeting in the bad weather. Steph told the caller about the zoom options for meetings and they said they would attend one. ILS, Cathie L

TRAINING: open position, however it is pointed out that training IS still available if needed. Send inquiries to George or Lauren to arrange any training requests. Reminder that position is open if anyone knows someone who might fit!

LITERATURE: David reviewed our latest inventory. We are well-supplied and ready to take on any commitment needs.

OPEN POSITIONS listed and reviewed.

OLD BUSINESS: None presented

NEW BUSINESS: Upcoming events:

- One repeat event Region does annually will not be offered to us this year due to COVID concerns.
- Together For Hope Conference, Boston Area, RCC; March 15 and 16, 8 AM to 5:30 PM will be covered by members of Boston Area along with Regional PR member who are local.
- We have already received our invitation to the next Cape Cod Symposium for this September, Cape Cod area, Regional PR will cover.
- NESSSNA, April 26 – 26, Peabody, MA. Regional PR will cover. A detailed accounting of our committees participation was given as well as an overview of NESSSNA activities. Much discussion of the history and scope of the professionals panel.
- Money Motion will be made tomorrow to purchase literature to be given to presenters at the Professionals Panel.
- Language outreach: A reminder given that our committee is looking to gather and catalog any resources available in any of our areas to members with language/communication needs and other additional needs. This served as a reminder that PR events should always include the consideration of whether to provide literature in other languages.

We hope to create a resource guide (and a process/plan for keeping it up-to-date) which would offer contact information for NA members able to carry the NA message in languages other than English. Suggestions were received by the chair to contact both the New York area and the World Service office.

Respectfully submitted in loving service,

George S; Public Relations Subcommittee Chair

Policy

No report submitted: New chair (Justin M) elected.

Website

No report was submitted. The Chairperson position is still open.

NERNA Fellowship Development Meeting

02/10/2024

Zoom ID: 98215126502 Passcode: NA1953

Meeting began at 12:30p and ended at 2:00p

Opening – moment of silence followed by the serenity prayer

Introductions: James P. (chair), Coralee (vice-chair), Bill H. (insurrector maxima), Jaime V. (member at miniscule), Rylan V. (interesting and interested member), Mary C. (member at large), Marissa J. (member at large), Angie M. (member at mini), jonathan s. (secretary).

Reports:

Chair report (James P.): We had the off-cycle meeting, unable to be present today due to “feeling and resembling a shish-kebab”.

Vice Chair report (Coralee D.): No Report

Secretary’s report (Jonathan S.): minutes were shared/distributed to appropriate members.

NESSSNA Liason report (Brenda V.): NESSSNA II Liaison

FD report February 10, 2024

The NESSSNA II workgroup has met twice since our last regional weekend.

Things are moving along on schedule.

Registration / Marketing: We have 39 registrations for the event thusfar (sic). Adam H will e-blast last year’s (sic) attendees, and D’Lanor will follow up with members who expressed interest in registering.

Hotel: We have 1 remaining room for Thursday night, 10 rooms remaining for Friday, and 10 rooms for Saturday. Troy B., CT will follow-up with the hotel to add 10-15 more rooms to the room block and to swap current king bed rooms to 2 x double bed rooms. He’ll try to negotiate an added comp room (either

for merch / reg, or for guests). At our March meeting we’ll figure out what to do with our comp guest rooms.

Merchandising: We will place the merchandise order by 2/23 and order the banner. After 2/23, online merchandise sales will be discontinued.

Programming: Jaime V and team will finalize the facilitators for all workshops on the program, and we will start to collect workshop details from facilitators (Hybrid, Tech Requirements, Workshop PPT / Handout materials, etc.)

IT: Dennis is asking if there are any volunteers to assist with the virtual set up for hybrid workshops. He is also requesting additional equipment for potential hybrid workshops if anyone has any to lend.

Finance/taxes: Marissa J and team will follow-up on NEZF and NESSNA tax filing issues.

Our current balance is \$4,853.06.

The next NESSNA II meeting will be Sunday, March 3, 2024 at 9 a.m. on Zoom. Meeting ID 891 5814

9192. Password NEZF.

Have a good meeting,

Brenda

NEZF FD liaison report (Jaime V.): attended one of the last two meetings, missed the second one due to not paying attention to when it was scheduled. unsure why he is attending.

Project Updates (various):

Environmental Scan Results: RCMs should be reporting tomorrow on :

- o What is the total number of meetings per area: _____
How many virtual/hybrid meetings _____ and in person _____
- o How many groups are sending GSRs to the ASC, o How many OPEN area trusted servant positions,
- o What are the top 2-3 issues of concern at the ASC, how can we help with those issues?)
 - 1.
 - 2.
 - 3.

Why Was a motion form included in the minutes? possibly so that the target audience is reached. If our goal is to incorporate CBDM then scanning as the beginning of the strategic planning process makes sense.

DEI / Racism Workshop:

- Trying to Source materials from corporate sources, asking for help here from anyone who has experience either conducting or receiving DEI presentations, specifically regarding racism. – Jonathan S.

Mary C. would like to be included in this project and along with Coralee will make sure to attend the DEI workshop at NESSNA II.

Tentative plan to hold this workshop at the next in person regional weekend in the South Shore.

Ad Hoc – For Central Mass Area Inventory – Coralee to chair and assist the CMANA Ad-Hoc chair in drafting and conducting the inventory/scan.

Scheduling Strategic Planning for NERSC – Point people will be decided upon further discussion with the Chairperson. A meeting will be held with details on Slack once there is a decided date and time.

Open Discussion / Area & Addict Concerns:

- a member contracted covid and would like for regional in person meetings to provide masks for use at the member's discretion, plenty of hand sanitizer, and other simple precautions.
- When workshops are held are facilitators being sourced from different communities, specifically on the DEI workshop. We don't always have control over who facilitates/presents because it is based upon volunteer availability.
- Can we define fellowship and development as terms so we can better understand what this subcommittee may mean? suggestions were to utilize the menu as well as the fellowship development section of the Public Relations Handbook.
- South Shore is interested in requesting a workshop of their choosing for June as they are hosting NERSC. They will let this body know by the April RSC so we can be ready for the June RSC.
- BASCNA is going to be asking for help, they recently elected new administrative trusted servants. the AD will likely attend their next ASC. the policy is being looked at for revision. "diving in head first and swimming upstream." The chair has support. Currently working on getting contact info for all the newly elected trusted servants. Trying to visit all the groups in the Boston Area at their business meetings to let them know about the ASC and RSC and the support offered. An FD presence at the ASC would be appreciated. Their meeting will be held 02/25 at 12:30pm and is hybrid. Zoom info: <https://us02web.zoom.us/j/88522202966?pwd=WVhuZ1labGRQd29kNEtOY3dSVStU>

[Zz09](#)

Additional Requests: none

Thanks everyone for coming!
Next Meeting: TBD

Insurance

No Report Submitted

Regional Delegate Report February 11th, 2024

Conference Participant's Web Meeting/NAWS Update

D'Lanor and I attended the January 20, 2024, Conference Participants web meeting. The focus of the meeting was discussion of the upcoming planning sessions with the zones. The results of the

scan are posted at www.na.org/conference . The meeting was just a prep for the actual work that would be done at the sessions.....more on that later.

Anthony E., the executive director of Narcotics Anonymous World Service (NAWS) gave a brief update. He said the registration for the World Convention of NA (WCNA 38) opened on January 9th with a few hiccups due to an overload on the system. Nine thousand folks had registered as of the CP Meeting. He reiterated that seating for the main meetings and events would be color coded based upon when one had registered. A further explanation was given to defend the high cost of registration. The cost assumed that twenty-four thousand people would register which would cover the fixed costs. There will not be a banquet and no concert has been planned yet. Back to Black, an AC/DC tribute band will be in the coffeehouse. The Washington. Nationals baseball game sold out on day one! This is expected to be the largest WCNA ever with fewer staff, volunteers will be needed, and that info will be posted shortly For more info go to www.na.org/wcna There was no financial update. As always, more info can be found at www.na.org/dates www.na.org/idt www.na.org/conference www.na.org/ar

Zonal Planning Session

Yesterday your delegate team attended a multi-zonal planning session to discuss the issues that rose to the top in part 2 of the planning process. We were broken out into small groups; I was with four other Regional Delegates from our zone, and we were tasked with discussing the external issue of 'Harm Reduction Models or Approach'. The issue of DRT/MAT has been affecting the efficacy of our message for decades. Related issues were non-NA language, confusion about cleantime, taking service positions, prescription medication and over the counter psychiatric medications. One "Pro" that has come out of the harm reduction model is that it has reduced the stigma around addiction. We were to answer two questions: 1) How does this factor impact our ability to carry the message and 2) What is the impact of this factor in our zone? What is the primary challenge that needs to be addressed? In part two of our discussions we were asked to think of possible solutions. As you might imagine, we had robust discussion around this topic, and it consumed most of our time. This was just the first of several

such sessions planned with all the zones around the globe. The World Board will tally the results as they head into Part 4. More will be revealed!

US Collaboration of Zones

There was a meeting on January 14th where this body was formally adopted. I'll attempt to summarize the history and where it stands now.

- o All 8 US Zones first met December 2019 to communicate, collaborate, and work together outside of the World Service Conference.
- o Gathered ideas on possibilities of what we could achieve such as Public Relations, PSA's, national web site, national phoneline, CAR workshops, holiday events, etc.
- o Decided we needed strategic planning, guidelines, and task teams.
- o Accomplished 2020 holiday event, development of Strategic Plan and Guidelines, 2023 CAR Workshop, testing of a national website, and surveys to seek approval from the fellowship.
- o Survey has been out about 2 years and shows substantial consensus support from regions. At that meeting a vote was taken and 6 regions were in favor and 2 were present not voting, meaning they stood aside to not block the decision. Our zone has been discussing this since 2019 and has never been in full support but chose to not stand in the way of the decision. There is currently a website up and running at www.usa-na.org Craig R. was elected as facilitator and Rob U was elected secretary. The next meeting of this body will be April 14th at 6:00

With gratitude,

Jim D- RD

AD Report - February 2021

Northeast Zonal Forum

The NEZF has met one time since our last region on January 29th from 3p-5p on zoom. There were 10/12 Regions represented, only missing Mid- Atlantic and Eastern New York. Jim and I were in attendance from prayer to prayer <3

We had a starting balance of \$2,895.38. We had a total Regional contributions of \$421.95 leaving an ending balance of 3,317.33

In closing, the US collaboration of zones is officially on its way! You can check it out at usa-na.org Wilvena was the representative for the NEZF and she declared present not voting as she felt she did not have enough of a zonal conscience to participate in the decision on our behalf

Things to Discuss

It is the practice of the NEZF to send nominees and volunteers out of the room when discussing qualifications for positions. I brought up a concern about this practice at the zonal meeting in October. It was revisited in April and wanted to get a temperature from this body of what they thought of this practice.

There was discussion of transferring our root servers to the zonal BMLT root server. They asked our region. If this is something we would like to participate in. Members ave been put in touch with each other and Im sure more info will be available soon.

Finally, We discussed moving the NEZF weekend in October and on behalf of our region we asked it to stay, that decision carried. decided to leave it as is.

NESSSNA

We are very much looking forward to NESSSNA II happening April 26-28th. The program is finalized and it's looking to be a wonderfully successful event! I am hoping to please collect the names of the area representatives that have not yet given them. Cant wait - See you there!

For more info visit:

nezf.org | nesssna.org | usa-na.org

Board of Directors (BOD): No report submitted

AREA CONCERNS

- Boston needs addict support to fill trusted service positions, The Area meeting is hybrid at 69A Kilmarnock Street, Boston (Check date and virtual address).
- SEMA has proposed that we change the term limits of RD/AD to one term each. Another model would be adding an AD2 position to split the work. RCMs should discuss in their area to come up with ideas. RD/AD will put forth a proposal. (Rewrite)

OPEN FORUM

- Zonal qualification procedure: Should the body be able to discuss the candidate after they leave the room? The consensus is no, only the vote should happen after that. D'Lanor and Jim will bring that to Zone formally.
- Cathy proposed that PR and phonenumber be divided into two parts. Jaime V. suggested that PR bring it to the next meeting as a formal proposal.
- Marissa: Budgets have historically been done as one-year projects. That doesn't necessarily work with the new conference cycle. Subcommittee chairs should discuss multi-year planning. The point is to be proactive instead of reactive in how we manage our finances (Bill H). Different subcommittees have different cycles (Jaime V). Opportunity to get subs together.
- Reports condensed or submitted ahead of time. Please condense reports to present a summary for oral presentation (with bullet points). And call "minutes" a "report." (Denied)
- Area selection for the next region: SSA already agreed upon.

NEW BUSINESS

Elections

OPEN POSITIONS

Board of Directors (BOD) Clerk – **OPEN**
2 BOD Director Positions – **OPEN**
2 Finance Members at Large (MAL) – **Jessica N. (Elected)**
Assistant Treasurer – **OPEN**
Assistant Secretary - **OPEN**
Website Chair – **OPEN**
Policy Chair – **Justin M. (Elected)**

*** Need proposal form for signatory removal and additions on regional accounts

ADDENDUMS

New England Regional Service Committee of NA

Balance Sheet Detail

As of February 12, 2024

| DATE | TRANSACTION TYPE | NUM | NAME | MEMO/DESCRIPTION | SPLIT | DEBIT | CREDIT | AMOUNT | BALANCE |
|--|------------------|------|----------------|---|---------|------------|------------|-----------|------------------|
| ASSETS | | | | | | | | | |
| Checking at Citizens Bank - Ne | | | | | | | | | |
| Beginning Balance | | | | | | | | | 3,572.95 |
| 02/09/2024 | Expense | | Zoom | | -Split- | | \$27.18 | -27.18 | 3,545.77 |
| 02/09/2024 | Deposit | | | | -Split- | \$2,560.07 | | 2,560.07 | 6,105.84 |
| 02/09/2024 | Expense | | Pay Pal | | -Split- | | \$75.00 | -75.00 | 6,030.84 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne:Insurance SA | | | \$704.00 | -704.00 | 5,326.84 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne:RD / AD SA | | | \$735.00 | -735.00 | 4,591.84 |
| 02/10/2024 | Deposit | | MetroWest | Group & Area Contributions | | \$592.42 | | 592.42 | 5,184.26 |
| 02/10/2024 | Deposit | | Western MA | Group & Area Contributions | | \$594.39 | | 594.39 | 5,778.65 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne:FD SA | | | \$400.00 | -400.00 | 5,378.65 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne:Website SA | | | \$87.76 | -87.76 | 5,290.89 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne:PR SA | | | \$250.00 | -250.00 | 5,040.89 |
| 02/10/2024 | Expense | | John Riley | Customary Expenses:Hosting | | | \$600.00 | -600.00 | 4,440.89 |
| 02/10/2024 | Expense | | Noel Dennis | Customary Expenses | | | \$302.00 | -302.00 | 4,138.89 |
| 02/12/2024 | Transfer | | | Checking at Citizens Bank - Ne:BOD - SA | | \$4,000.00 | | 4,000.00 | 8,138.89 |
| 02/12/2024 | Expense | 1524 | James Daly | RD / AD Expenses | | | \$519.53 | -519.53 | 7,619.36 |
| 02/12/2024 | Expense | 1529 | NERCC | Convention Expense | | | \$4,000.00 | -4,000.00 | 3,619.36 |
| 02/12/2024 | Expense | 1525 | NEZF | RD / AD Expenses | | | \$200.00 | -200.00 | 3,419.36 |
| 02/12/2024 | Expense | 1526 | NESSNA | Uncategorized Expenses | | | \$500.00 | -500.00 | 2,919.36 |
| 02/12/2024 | Expense | 1531 | NAWS | Customary Expenses:NAWS Contribution | | | \$3,564.91 | -3,564.91 | -645.55 |
| 02/12/2024 | Expense | 1527 | | Uncategorized Expenses | | | \$3,105.20 | -3,105.20 | -3,750.75 |
| 02/12/2024 | Expense | 1530 | NAWS | PR Expenses | | | \$573.98 | -573.98 | -4,324.73 |
| 02/12/2024 | Transfer | | | Checking at Citizens Bank - Ne:RD / AD SA | | \$1,245.00 | | 1,245.00 | -3,079.73 |
| 02/12/2024 | Transfer | | | Checking at Citizens Bank - Ne:NESSNA SA | | \$3,605.00 | | 3,605.00 | 525.27 |
| 02/12/2024 | Expense | 1528 | D'Lanor Harris | RD / AD Expenses | | | \$524.42 | -524.42 | 0.85 |
| Total for Checking at Citizens Bank - Ne | | | | | | | | | \$ - 3,572.10 |
| BOD - SA | | | | | | | | | |
| Beginning Balance | | | | | | | | | 4,000.00 |
| 02/12/2024 | Transfer | | | Checking at Citizens Bank - Ne | | | \$4,000.00 | -4,000.00 | 0.00 |
| Total for BOD - SA | | | | | | | | | \$ - 4,000.00 |
| FD SA | | | | | | | | | |
| Beginning Balance | | | | | | | | | 400.00 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne | | \$400.00 | | 400.00 | 800.00 |
| Total for FD SA | | | | | | | | | \$400.00 |
| Insurance SA | | | | | | | | | |
| Beginning Balance | | | | | | | | | 3,939.61 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne | | \$704.00 | | 704.00 | 4,643.61 |
| Total for Insurance SA | | | | | | | | | \$704.00 |
| NESSNA SA | | | | | | | | | |
| Beginning Balance | | | | | | | | | 4,400.00 |
| 02/12/2024 | Transfer | | | Checking at Citizens Bank - Ne | | | \$3,605.00 | -3,605.00 | 795.00 |
| Total for NESSNA SA | | | | | | | | | \$ - 3,605.00 |
| PR SA | | | | | | | | | |
| Beginning Balance | | | | | | | | | 250.00 |
| 02/10/2024 | Transfer | | | Checking at Citizens Bank - Ne | | \$250.00 | | 250.00 | 500.00 |
| Total for PR SA | | | | | | | | | \$250.00 |
| Prudent Reserve | | | | | | | | | |
| Beginning Balance | | | | | | | | | 3,629.40 |

New England Regional Service Committee of NA

Balance Sheet

As of February 12, 2024

| | TOTAL |
|--------------------------------------|--------------------|
| ASSETS | |
| Current Assets | |
| Bank Accounts | |
| Checking at Citizens Bank - Ne | 0.85 |
| BOD - SA | 0.00 |
| Convention SA | 0.00 |
| FD SA | 800.00 |
| Insurance SA | 4,643.61 |
| NESSNA SA | 795.00 |
| PR SA | 500.00 |
| Prudent Reserve | 3,629.40 |
| Prudent Reserve Buffer | 3,253.73 |
| RD / AD SA | 225.00 |
| Travel SA | 500.00 |
| Website SA | 586.98 |
| Total Checking at Citizens Bank - Ne | 14,934.57 |
| Total Bank Accounts | \$14,934.57 |
| Total Current Assets | \$14,934.57 |
| TOTAL ASSETS | \$14,934.57 |
| LIABILITIES AND EQUITY | |
| Liabilities | |
| Total Liabilities | |
| Equity | |
| Unrestricted Net Assets | 22,543.21 |
| Net Income | -7,608.64 |
| Total Equity | \$14,934.57 |
| TOTAL LIABILITIES AND EQUITY | \$14,934.57 |

Deposit Detail
11 Dec 2023 - 12 Feb 2024

| Account | Date | Transaction type | Reference number | Customer full name | Vendor | Description | Clr | Amount |
|---|------------|------------------|------------------|--------------------|------------|-------------|-----|--------------------|
| Checking at Citizens Bank - Ne | | | | | | | | |
| Checking at Citizens Bank - Ne | 12/14/2023 | Deposit | -- | -- | Cape Cod | -- | -- | \$ 1,000.00 |
| Checking at Citizens Bank - Ne | 01/23/2024 | Deposit | -- | -- | SEMA | -- | -- | \$ 2,000.00 |
| Checking at Citizens Bank - Ne | 01/23/2024 | Deposit | -- | -- | SEMA | -- | -- | \$ 700.45 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 844.05 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 24.01 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | NEMA | -- | -- | \$ 392.14 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 34.89 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 28.91 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 4.41 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 58.12 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | NEMA | -- | -- | \$ 31.41 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 48.51 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 122.02 |
| Checking at Citizens Bank - Ne | 02/09/2024 | Deposit | -- | -- | Anonymous | -- | -- | \$ 971.60 |
| Checking at Citizens Bank - Ne | 02/10/2024 | Deposit | 108 | MetroWest | -- | -- | -- | \$ 592.42 |
| Checking at Citizens Bank - Ne | 02/10/2024 | Deposit | 001489 | -- | Western MA | -- | -- | \$ 594.39 |
| Total for Checking at Citizens Bank - Ne | | | | | | | | \$ 7,447.33 |

Monday, February 12, 2024 03:42 PM UTC



THE BOSTON AREA LITERATURE COMMITTEE IS IN NEED

We Meet the Thursday before Area
Location: 1960 Washington Street
Boston, MA 02118
Time 7pm-8:30pm



PLEASE CONTACT
ANNETTA (617) 594-5952
OR
KELLY (857) 333-4145



New Location!



RCM Report Cheat Sheet: To Area

- o Introduction
- o Date and location of Regional meeting being reported on
- o Number of Areas in attendance
- o Trusted Servants not in attendance
- o Overview of Subcommittee reports
- o Overview of Delegate report
- o Upcoming Regional events
- o Old/New business & Open Forum discussions
- o A list of items that were asked to “Take Back to Area” for more consensus
- o Motions presented, how you, the RCM, voted and results
- o Financial Report
- o Results of elections (if applicable)
- o Open positions at the Region
- o RCM announcements that are applicable to the Area
- o Ask: *Are there any concerns that should be brought to next Region?*
- o Your contact information
- o Attach a copy of the Regional minutes to your report or include information where members can find it.

RCM Report Cheat Sheet: To Region

- o Introduction
- o Date, location, and frequency of Area meeting(s) being reported on
- o Number of groups in attendance & number of Groups in Area
- o Upcoming Area events
- o Overview of Subcommittee reports

RCM Basics Workshop
NESSNA
June 2022



New England Regional Services Committee
PROPOSAL FORM

Date: 02/10/20

Proposal Maker:

George S 2nd: David D

| | | | |
|---------------------------------|---|--------|--|
| For Money Proposals Only | | 573.98 | |
| Total | | | |
| Check Payable To: | NAWS | | |
| Mailing Address: | PO Box 9999 Van Nuys, California USA 91409 | | |

Proposal:

573.98 for NA Literature:
15 eac of: Basic Text, Living Clean, Guiding Principles,

Intent:

Literature to cover NESSNA including Professionals Panel

Does Proposal Impact Policy? No

| | | | |
|---|----------------------|----------|----------------------|
| Results of 1st Straw Poll | | | |
| In Favor: | <input type="text"/> | Opposed: | <input type="text"/> |
| Abstain: | <input type="text"/> | | |
| Final Result: (80% Threshold to adopt) | | | |
| In Favor: | <input type="text"/> | Opposed: | <input type="text"/> |
| Abstain: | <input type="text"/> | | |
| % of Consensus: | <input type="text"/> | | |



New England Regional Services Committee
PROPOSAL FORM

Date:

Proposal Maker:

Tabled:

Sent to Committee:

Notes:

02/11/24

Treasurer

2nd:

| | | | |
|---------------------------------|----------------------|---|--|
| <u>For Money Proposals Only</u> | Total: | 0 | |
| Check Payable To: | <input type="text"/> | | |
| Mailing Address: | <input type="text"/> | | |

Proposal:

Intent:

Does Proposal Impact Policy?



New England Regional Services Committee
PROPOSAL FORM

Date:

Proposal Maker:

| | | |
|--|-------------------------------|-------------------------------|
| Results of 1 st Straw Poll | | |
| In Favor: <input type="text"/> | Opposed: <input type="text"/> | Abstain: <input type="text"/> |
| Final Result: (80% Threshold to adopt) | | |
| In Favor: <input type="text"/> | Opposed: <input type="text"/> | Abstain: <input type="text"/> |
| % of Consensus: <input type="text"/> | | |

Tabled: Sent to Committee:

Notes:

02/11/24

Treasurer

2nd:

| | | |
|---------------------------------|----------------------|--|
| <u>For Money Proposals Only</u> | Total: 0 | |
| Check Payable To: | <input type="text"/> | |
| Mailing Address: | <input type="text"/> | |

Proposal:

To add the finance chair (currently Noel Dennis) and the regional chair (currently Kevin Hehir) to the NERSC of NA bank account



New England Regional Services Committee
PROPOSAL FORM

Date:

Proposal Maker:

Intent:

Does Proposal Impact Policy?

Results of 1st Straw Poll

In Favor: Opposed: Abstain:

Final Result: (80% Threshold to adopt)

In Favor: Opposed: Abstain:

% of Consensus:

Tabled: Sent to Committee:

Notes: