

# Regional Minutes DECEMBER 2021

FEBRUARY Regional weekend will be hosted virtually.

Subcommittees meet Saturday February 12<sup>th</sup> – see nerna.org for meeting times  
RSC meets Sunday February 13<sup>th</sup> at 11:00 am

**RCMs: Please let groups know that they need a Rider Binder for special events coverage!!!**

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## AREA REPORTS

BOSTON- No report submitted.

### CAPE COD-

Good morning Region

Area has met twice since the last region

November we met 11/10 with 12 gsrs present

December we met 12/8 11 gsrs present

We are no longer hybrid and this has been going swimmingly!

We ended up with a Great turnout at our Halloween event! Even with the other Nerc event going on in Wareham. Seats were full, speakers were excellent and food was plentiful.

We have another event happening on New years eve in which I have attached the flyer.

We do realize there are similar events off cape on these holidays and have still chosen to go forward as we serve a high population of treatment facilities and recovery residences that don't always have access to transportation off cape.

H and I is killing it! We currently have 30 commitments across four different facilities all of which are being filled. Highpoint. Awakening. Gosnold detox and gosnold css

PR is also continuing to make headway with their plan for having signage on local transportation busses. They did reach out to the local transportation company about pricing for a non profit for signage. A member did meet with the PR committee to discuss at length whether or not this would be breaking the 6 or 7 tradition. At this time we are still in the discussion and planning stages of this. We also have numerous additional signs and wanted to ask this body if areas off cape are interested in some of the signs as they are not cape cod area specific they have the nerna number on them. Again have attached a photo of the sign! There was also discussion about creating a Cape Cod Area website to ease in connection and communication and literature orders.

Tri area convention committee decided to to cancel / postpone their speaker jam due to covid concerns after the Burlington convention. There is a sponsorship speaker jam / spaghetti dinner on February 19, 2022 I attached the flyer as well. they will be meeting January 30 2022 at 59 s main st Acushnet ma

In October a motion was made

To formally create a Literature committee:

- In the interim: earmark \$1500 for initial Literature order
- To add a budget of \$300 annually for literature committee to secure hall in which to meet
- Literature committee will begin to meet in November following the hopeful return of Literature committee surveys

Intent: to Formally start a Literature Committee that best serves the groups of this area

This motion passed and the committee was started. The plan is to adequately supply our area with books, keytags, pins and medallions so that there is a one point of contact for all groups to acquire these items. Our first order will be made this week and we are excited about this development! December a list went around for members to join if interested in the committee and there was a great response to this.

We have also modified our meeting list to be a card with a qr code. We will still be ordering and distributing regular meeting lists but this seemed prudent for the environment and for cost. I have included a picture of the meeting list card.

All in all some great strides and creations coming from the cape cod area! Happy to be a part of it.

Happy Holidays

In loving service

Adrienne A

CENTRAL MASS- No report submitted.

GREATER PROVIDENCE-

Greater Providence area met on Sunday November 28 and Sunday October 24<sup>th</sup> 2021. Currently the area is having difficulty filling positions at the area elections as main body elections were held in October with almost all positions left open, half were filled the next month (including treasurer, RC-M, Vice Chair) and subcommittee elections were in November. Currently none of the alternate positions are being filled in our main body and open subcommittee positions include: activities chair, public relations chair, and policy chair. The area is currently having trouble attracting trusted servants, both new and experienced, to serve at the area level. The area body is also experiencing difficulty when it comes to spending limited area service time discussing fund flow. The areas previous policy was that all non earmarked operating funds would be contributed to the next level of service, ie the region, every other month. This was causing increased discussion since the area typically receives large cash inflows due to its biannual convention so without a convention and with groups seeing decrease attendance as compared to pre pandemic levels many groups were concerned that sending money down stream was not in the areas best interest. This caused monthly money discussions and motions to halt fund flow. In an attempt to avoid the area spending so much time on this matter a motion was made to revise the current monetary policy where there is no longer any automatic contribution which was voted in by the groups. Under this new solution groups and/or the treasurer will make a motion every other month with a suggested contribution to be voted on by the groups. Although this may quell some of the conversations on holding funds back it doesn't seem to fulfill the ultimate goal of spending less of the ASCs time discussing fund flow. I am hoping that other areas could send me their fund flow policy in the chat if they have a fund flow solution that their groups seem to agree on and leads to minimal discussion. Finally Providence is scheduled to host region in April and is preparing to do so, I believe there are resources on how to host so if I could be given that information I will pass that on to the proper contacts in the area.

H&I is in transition to going back to in person commitments with requirements from some facilities for proof of vaccination which caused discussions of groups and members willingness to provide this in service or remain on virtual commitments. It was decided to go back in person.

Providence area service committee is cancelled in December due to the Christmas holiday.

In loving service,

Marissa J., RC-M

MARTHA’S VINEYARD- No report submitted.

METRO WEST-

The Metro West Area Service Committee meets on the Zoom platform every month on the first Tuesday of the month.

- We have met twice since the last regional meeting. We have begun using our new guidelines for Consensus Based Decision Making.
- We have several positions open on the committee: Vice Chair, Alternate RCM, and Outreach Committee Chair,
- In October we had a total of 7 GSR’s in attendance; November’s meeting was attended by 10 GSRs.
- There are 22 groups in the Metro West Area; 9 meet in person only; there are 9 groups meeting hybrid, 4 groups meet online only (the Nooner group meets 5 days a week).
- **H & I** had 5 members present at their monthly meeting. H & I reports that they have begun to meet in at least 1 facility with others soon to be added. H & I is in need of panel leaders to become oriented.
- **Public Relations** has added QR Codes for literature added to the posters being hung throughout the area
- **Donation was mailed to NERSC.** \$1,068.

**Area Concerns**

ILS,

Christopher M

[leadhead84@aol.com](mailto:leadhead84@aol.com)

(617) 620-2887

NEMA (Northeast Mass Area)- No report submitted.

SEMA (Southeast Mass Area)-

SEMA’s last ASC met November 21, 2021. There were an average of 16 out of 31 groups present since last region. Our Tri-Area convention’s sponsorship event was postponed due to concerns regarding a COVID outbreak and has been rescheduled to February 19, which was been mentioned earlier. SEMA is now selling literature in person on the fourth Sunday of the month at alternate locations in the southeast mass area. There was a motion to suspend our regional contributions due to our working balance being in the negative at the end of last area. However, that motion has failed and we will continue to contribute. Our open positions are policy chair, alternate RCM, alternate web servant and fellowship services chair. Our next ASC is next week December 19th at 12:15PM via zoom, if you’re interested in attending let me know!

ILS,

Lauren C

## SOUTH SHORE-

Hi Family, The South Shore area is doing well. Our ASC met twice since our last regional meeting. We had an average of 12 groups represented at both SSASC meetings. Some groups are still having hybrid meetings and one meeting on Zoom only.

Two groups in Wareham have joined the South Shore Area. Wareham hosted the Thanksgiving marathon which was successful.

Our Holiday Marathon will be held in Brockton (place TBD) Bill P. from Wareham was elected as the chair of that committee. The South Shore Area 37th anniversary will be a speaker Jam and H&I learning day with a 1985 theme. 1985 themed clothing is encouraged. This event will be held on Jan. 22, 2022. The next ASC will be held on Jan. 9, 2022 at 639 High St, Hanson, MA.

In Loving Service,

John F. RCM South Shore Area Service Committe

WESTERN MASS- No report submitted.

## COMMITTEE REPORTS

CHAIR- No report submitted.

VICE CHAIR- No report submitted.

SECRETARY- Position vacant.

TREASURER/FINANCE-

*Saturday Sub-committee meeting*

The finance sub-committee met yesterday with two (2) addicts in attendance.

- Due to time-sensitive personal issues, we moved the meeting up to 9am. Our sincerest apologies to anyone who attempted to join us at 11am.
- We had a starting balance of \$2280.33
- When making an electronic donation, please remember to note if it is individual, group, or area. It would be helpful if you could email the treasurer anytime you make an electronic contribution (or make a deposit at a local branch).
- If there are questions regarding donations, please email the treasurer at [treasurer@newenglandna.org](mailto:treasurer@newenglandna.org).
- We reconciled the October and November statements and made the scheduled transfers into set-aside accounts (H&I, Insurance, PR, RD/AD, and Website).
- Because the accountant is working on QuickBooks, we cannot create a new set-aside so \$687.50 was added to prudent reserve for the Convention set-aside bring the total to \$1375.
- We emailed the accountant the form giving permission to e-file on our behalf.
- A check to our accounting firm has been written for \$325 for tax preparation.
- There is still \$35 (to file our Form PC) in the Prudent Reserve set-aside.
- We have two (2) checks that were not accepted using mobile deposit. I failed to make copies of those checks before going to the bank to make the deposits. We need to identify a donation at the end of

September- beginning of October for \$1619.98 and the end of October – beginning of November for \$279.00 (these are currently listed as anonymous group/area donations).

- We were able to get access to our original Zoom account and have received a refund of \$159.27 when we cancelled the second Zoom account.

*Sunday RSCM*

- Ending balance \$1780.33
- Donation to NAWS in the amount of \$1780.33
- Form PC completed but need copy of tax filing before I can submit (payment has been made online).
- Along with this report, you should receive three (3) attachments:
  - Balance Sheet (shows the amount in our account and each set-aside)
  - Transaction List by Date (shows all transactions since the last RSC)
  - Deposit Detail (shows all donations since last RSC)

ILS,

Noel D. and the finance sub-committee

**Please see Appendix A for the remainder of the treasurer's report.**

## CONVENTION-

Good morning, the Convention Committee met @ 12:35 pm opened the meeting with reading of the 12 traditions, 12 concepts & the Just for Today. We had 9 people in attendance, so simple majority was 5, 2/3 was 6. Starting balance in our account \$4347.00 ending balance is \$5109.07 We have 3 open positions in our sub committee Arts & Graphics, Convention Committee, Asst. Secretary. Can RCM'S please bring back to their areas these open positions in hopes of getting them filled. We will be going to the hotel that is hosting our convention, so will be doing our next Convention sub committee meeting from the hotel 2/5/2022 @ 11:00am

In service,

John F

## FELLOWSHIP DEVELOPMENT (FD)-

Good Afternoon New England Region,  
I am an addict named Sam your Fellowship Development Chair. As always, it is an honor to be of service to the New England Region of Narcotics Anonymous.

The Fellowship Development Subcommittee has met once virtually since our last Regional meeting which was at Subcommittee Saturday.

- Yesterday we had 9 members in attendance.
- We discussed the role FD has in helping Area's host Region. Fellowship Development is available to offer support and answer any questions for the hosting Area's. As before mentioned, there is resource tools available that our chair created and the PDF walks you through step by step.
- New date for the Service Slam: March 19th 2022. The date was pushed up from May 1<sup>st</sup> In an effort to work for everyone's schedule with the upcoming events of the month of Caring and Sharing and the Partial WSC. The Service Slam is our response to the survey sent out a year ago on how we can better support the areas within the region. The result will be an all-out service slam with over 9 different presentations on area level service.

- The committee talked about the Interim conference agenda report & conference agenda approval track (ICC) with the RD/AD and they will touch more on this item.
- The Month of Caring and Sharing is coming up in a few months. This region agreed to host it in April and the adhoc is in need of support.

Of Loving Service,  
 Sam S., Fellowship Development Chair  
 (339)-225-5931

HOSPITALS & INSTITUTIONS (H&I) – No report submitted.

INSURANCE- No report submitted.

LITERATURE- Position vacant.

POLICY-

Good afternoon,

My name is Lauren and I am an addict. Thank you for entrusting me to be your new policy chair. I am looking to form a policy committee to review our current guidelines. The next meeting will be next regional weekend on Sunday February 13th at 10am. Please let me know if you're interested in attending. Also, if you have any concerns or notes on our policy, or if you know of something that we practice that conflicts with our guidelines, please let me know. We need the support!! Thanks!

ILS,

Lauren C

[giff1@yahoo.com](mailto:giff1@yahoo.com)

508-965-5828

PUBLIC RELATIONS (PR)

Committee met with 2 areas in attendance.

DIRECT FEEDBACK REQUEST on social media pages as we have stopped posting until we receive guidance from the RSC body. The pages are getting requests from committees and areas to post events but we are still unsure if the social media resources asked for by the areas are meant as a resource for the public or a resource for members. Currently not a private page so directing events for members seem inappropriate.

Recovery court professionals event will be March 14-16 in Danvers MA. The committee decided it would like an in person booth presence but we will still be reaching out to event to see if we should also have a virtual presence and if there would be space for a possible virtual presentation. I will be requesting a check in February when we have the final pricing for this event. This month I am submitting a motion for \$500 check to NAWS to fill a literature order for this event and restock the PR subcommittees literature.

Identified the need for a meeting outside of the subcommittee to educate the committee on the state of the phonenumber. Rectifying issues of receiving phonenumber report outputs as well as evaluate the current state of member areas involvement and communication.

In loving service,

Marissa

## REGIONAL DELEGATE (RD)-

Greetings New England Region!

Jim D and I, your delegate team, have split up our reports: I will be covering the recent NorthEast Zonal Forum Meeting, and regional conscience gathering as related to Spiritual Principal a Day Book. Jim will be covering the Western States Learning Days and give a NAWS/WSC 2022 – update including the ICC: Interim CAR (Conference Agenda Report) - CAT (Conference Approval Track) – or “Kitty Kat”.

[https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAR/2022\\_ICC.pdf](https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAR/2022_ICC.pdf)

We are asking for an open forum topic to discuss how you would like us to gather your conscience / tally on the 5 items up for decisions in the Virtual 2022 World Service Conference.

#1	<p>Maker: World Board</p> <p>Acting as the trustor, the delegates present at the virtual WSC 2022, are continuing the suspension of Article 5, Section 3 of the FIPT Operational Rules, while we make a decision about the future. This suspension will expire at the close of WSC 2023.</p>
#2	<p>Maker: World Board</p> <p>To extend the terms of the WSC elected positions for the two Human Resource Panel members and one WSC Cofacilitator currently set to expire in 2022 to 2023.</p>
#3	<p>Maker: World Board</p> <p>To extend the terms of the three WSC elected positions on the World Board currently set to expire in 2022 to 2023.</p>
#4	<p>Maker: World Board</p> <p>To approve the book contained in Addendum B, “A Spiritual Principle a Day” as Fellowship-approved recovery literature.</p>
#5	<p>Maker: World Board</p> <p>To approve the Narcotics Anonymous World Services, Inc. budget for 2022–2023.</p>

### October Meeting of North East Zonal Forum (NEZF)

I attended the NEZF Meeting In Person on October 22-24, 2021 – in Niagra Falls, NY. Here is the Summary of Decisions:

- Extend term limit for all current and willing NEZF officers by one year? (This affects Chair, Secretary, Public Relations, Web Servant)
  - Decision : Passed
- Nominees/Elections : Sandy M for Secretary
  - Decision: Passed
- NEZF Fellowship Development Guidelines Approval
  - Decision: Passed
- NEZF Participates in SEZF Multi-Zonal Service Symposium Feb 11<sup>th</sup> – 13<sup>th</sup>, 2022
  - 1) Do we wish to have the NEZF logo / brand on this event, indicating the NEZF is in some way part of the event?
    - Decision : Passed
  - 2) Are we opposed to our NEZF trusted servants participating in this event, whether with planning or workshops? No funding from NEZF will be involved.

- Decision : Passed
- **NEZF formally supports/participates with NESSNA**
  - **Decision : Passed**, NEZF officially supports, though there will be no funding from NEZF, and we will add flyer to website that includes where to participate in the planning meetings.
- NEZF Hosting
  - April 2022 NEZF : Meet full weekend?
    - With the physical WSC being postponed from 2022 to 2023, do we wish to meet for the full weekend?
    - Do we meet as a hybrid NEZF in April in conjunction with the WSC?
      - Do we create an action plan around this for the December meeting?
    - Decision : Steering committee will put together an action plan to have a hybrid meeting in April at ABCD that includes the WSC - plan to be presented at December NEZF.
      - **THIS WILL COME BACK FOR DECISION AT DECEMBER NEZF**

Regional Reports – Are Attached to this Report

Workshops Delivered Were:

- Rebuilding Groups and Services during COVID
  - Communication
  - Trusted Servants
  - Fund Flow
  - Transition to Live/Hybrid
  - Legal Implications
- PR and H&I collaboration
- Effective Report Writing Workshop
- CBDM in “Western Mars Region” Skit/Exercise  
Open Forum
- Gender routing with phonelines
- NESSNA – approval and participation
- The best practices for efficient Zoom account usage vs. Microsoft teams
- Request for support to form a new Spanish Speaking Region
- New Idea for the “Eastern Zone” Combining/merging the Eastern States zones into one

We would like the guidance of the region – if the Areas would like to have copies made of the ICC \$25 / copy.

I am planning on Driving to the April NEZF meeting in Albany and will make a money motion in February for that.

Attached to this report: NA NEZF October 2021 Summary of Decisions; NA NEZF Minutes October 2021; NEZF October 2021 Regional Reports

Thank you for allowing me to serve,

James P., Regional Delegate

New England Regional Service Committee

[jgpbos@me.com](mailto:jgpbos@me.com)



Please see Appendix B for the remainder of the report.

## ALTERNATE DELEGATE (AD)-

### Western Service Learning Days

The Western Service Learning Days (WSLD) were held in Albuquerque, New Mexico on October 21-24. A wide range of service workshops were presented, 9 of which I attended.

The first two were Public Relations Panels with professionals both medical and civic. Very interesting information on how we as a fellowship can best interact with these entities. The next one attended was titled effective report writing. The main takeaway here was that summary reports of no more than 3-5 sentences should be given at the service body with details included in the minutes..... I'm going to do my best to attempt to practice that. The others attended were:

Carrying the Message into Penitentiaries and Homeless Shelters

Who's On First? Areas, regions and Zones Taking the Initiative on Service Delivery

Processes and Tools for Engaging the Fellowship in Planning

Beyond Your Dreams, Within Your Reach: Fellowship Development in Alaska

Conference Participants Roundtable Discussion

Recap of Our Favorite New Information

Raw notes from the workshops will be included as an addendum to my report.

### NAWS update

NAWS has decided to cancel the World Convention that was being planned for November 2022 due to the pandemic. The next WCNA is scheduled for August 29-September 1, 2024, in Washington, DC. More information about this can be found at [na.org/wcna](http://na.org/wcna)

A webinar on Sponsorship was held on 4 December. There is an audio recording as well as a powerpoint of the event in the Webinars and Events section of the virtual meeting page: [na.org/virtual](http://na.org/virtual).

The interim Conference Agenda Report/Conference Approval Track has been posted at [na.org/conference](http://na.org/conference). Also posted here is the draft of the newest piece of literature (Spiritual Principle a Day) to be voted on at the Partial Interim WSC to be held virtually April 22, 23, 29, 30. Copies of the SPAD draft can be ordered from [na.org/webstore](http://na.org/webstore) for \$10 plus shipping.

There are five motions to be voted on:

Extending the Fellowship Intellectual Property Trust (FIPT) Moratorium

Extending the terms of the WSC elected positions for the two Human Resource Panel members and one WSC cofacilitator currently set to expire in 2022 to 2023

Extend the terms of the three WSC elected positions on the World Board currently set to expire in 2022 to 2023

Approval of "A Spiritual Principle a Day"

Approval of the budget

The deadline for amendments to motions in this interim CAR/CAT is fifteen days before the WSC meeting which is 8 April 2022. Other important dates and deadlines for the conference cycle through WSC 2023 are listed on the important dates and deadlines page [na.org/dates](http://na.org/dates)

Many questions still be answered about the future of the WSC. The January Conference Participants call will focus on these questions. More will be reported in February.

## Area Visit

The Central Mass area was visited on Monday evening, December 6<sup>th</sup>. I introduced the interim CAR/CAT and shared my contact information. Those present were encouraged to share the motions and at their homegroups and forward the results back to the delegate team. It was a very well run, organized and engaging area meeting.

With gratitude,

Jim D. - AD

Please see [Appendix C](#) for the remainder of the report.

## REGIONAL MEETING DIRECTORIES (RMD)- Position vacant.

## WEBSITE-

Apologies for not making it today as my flight schedule was changed

Things have been running smoothly on the website - Jeremy and I have been dividing up monitoring the requests – week on week off

Last week Jeremy noted some strange username additions and brought it up to the committee – upon investigation it turns out there was an attack across wordpress exploiting vulnerabilities where new admin users could be created. All plugins were updated, the new users and any outdated admin users removed and existing admins encouraged to use multi factor authentication. There were no ill effects found from the attack.

We created a new email account for the area to use for zoom. The secretary mail is forwarding to the vice chair.

We have the slack channel for anyone who is interested and wants to join

Please continue to provide meeting update information and let your local fellowship know that bmlt based apps will likely have the most up to date information – This one is available in the google and apple stores.



## BOARD OF DIRECTORS (BOD)-

Good Morning,

I am unable to attend the RSC today and Susan G will be facilitating the Corporation meeting. We are looking to elect 2 Directors.

1 pro-tem until April 2022 and 1 pro-tem until April 2023.

The BOD met yesterday, we discussed the need for Quick books online and voted to order it for \$75/year through tech soup. This will allow us to share responsibilities for filings and maintenance of the books. Up until now our treasurer has been using her personal Quick books to record our financials. Doing this will also help us transfer this information as new people are elected to the role of Treasurer.

Our current Working Balance is \$2365.00

Thank you SSA for hosting. I would like to wish you all a very happy and healthy holiday season See you all in February

ILS,

Debbie L

### MCAS (Month of Caring and Sharing) Adhoc:

Good afternoon New England Region,

In June 2021, the New England region voted to host a Month of Caring and Sharing for the month of April 2022. At the same meeting, I was elected as your chair. I posted several reminders in Slack about our first meeting which was scheduled for November 5, 2021 at 9:30 AM. Unfortunately, The committee consisted of three members from the Washington Northern Idaho region, myself, and a friend from the southeastern mass area.

At that initial meeting it was determined that we are in need of some basics for us to start moving. We

1. Got our email address up and running, ([info@tjcna.org](mailto:info@tjcna.org))
2. Established a clear need to fill one or two possible tech positions
3. Established the need for a scheduling coordinator
4. We wrote our letter to the Delegates and are awaiting replies.

Another item that was addressed is the need for us to have an "Upgraded Zoom account". We need to be able to offer translations for the month of April and upgrade our account to allow for a few other things included in a business account. This will cost an approximate \$500 to the region. An exact dollar amount will be available soon.

If you are willing to serve in this committee please join us next Sunday (December 19) at 9:30 am EST. Remember, this is a great place to be of service as The project will be over in only 4 months.

Thanks!

D'Lanor

### **AREA CONCERNS/ OPEN FORUM**

*No area concerns.*

### **OLD BUSINESS**

#### **ELECTIONS**

SECRETARY: **POSITION VACANT, BRING BACK TO GROUPS!**

ASSISTANT SECRETARY: **POSITION VACANT, BRING BACK TO GROUPS!**

ASSISTANT TREASURER: **POSITION VACANT, BRING BACK TO GROUPS!**

FINANCE MEMBER AT LARGE (three positions open): **POSITION VACANT, BRING BACK TO GROUPS!**

RMD: **POSITION VACANT, BRING BACK TO GROUPS!**

LITERATURE: **POSITION VACANT, BRING BACK TO GROUPS!**

## NEW BUSINESS

### MONEY MOTION #1

Presented by: Marissa J.                      2<sup>nd</sup>: David D.                      Total: \$500

Motion: To restock PR literature to hand out at the NEARCP conference (New England Association of Recovery Court Professionals).

Intent: To provide literature for recovery court professionals to help explain the NA program.

Vote: In favor: all in favor    Opposed: 0    Abstained: 0

### NON-MONEY MOTION #1

Presented: James P (RD)

Motion: **TO GO BACK TO AREAS**

Regional Committee Members to bring back to their Area Service Committees the attached Motion Tally Sheet, to be distributed to groups, with a request for responses to be collected by their RCM by February ASC meeting – or emailed directly to the Regional Delegate at [jgpbos@me.com](mailto:jgpbos@me.com)

Intent: To collect the votes (conscience) of Regional groups, on the 5 matters to be voted on at the Virtual Partial World Service Conference 2022 in April.

The Interim CAR (Conference Agenda Report) - CAT (Conference Approval Track) can be found here: [https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAR/2022\\_ICC.pdf](https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAR/2022_ICC.pdf)

Here's a link to the Virtual Partial World Service Conference 2022: <https://www.na.org/?ID=conference-index>

Vote: In favor: all in favor to send back to areas    Opposed: 0    Abstained: 0

**\*Please find tally sheet as a separate attachment to minutes email.**

4:37 PM  
12/12/21

**NERNA!**  
**Deposit Detail**  
**December 1 - 12, 2021**

<u>Type</u>	<u>Num</u>	<u>Date</u>	<u>Name</u>	<u>Account</u>	<u>Amount</u>
<b>Deposit</b>		<b>12/06/2021</b>		<b>Checking at Citizens Bank - Ne</b>	<b>685.98</b>
			Never Alone	Group & Area Contributions	-41.65
			End of the Line	Group & Area Contributions	-19.11
			Clean, Cool and Free	Group & Area Contributions	-12.25
			Living Clean - Boston	Group & Area Contributions	-14.28
			Anonymous	Group & Area Contributions	-17.15
			The Better Way	Group & Area Contributions	-110.33
			Living Clean - Boston	Group & Area Contributions	-6.71
			Common Welfare - Boston	Group & Area Contributions	-25.25
			SEMA	Group & Area Contributions	-201.57
			End of the Line	Group & Area Contributions	-19.11
			Anonymous	Group & Area Contributions	-59.30
			Pay Pal	Uncategorized Income	-159.27
TOTAL					<u>-685.98</u>
<b>Deposit</b>		<b>12/11/2021</b>		<b>Checking at Citizens Bank - Ne</b>	<b>97.39</b>
			Brothers in Recovery	Group & Area Contributions	-97.39
TOTAL					<u>-97.39</u>
<b>Deposit</b>		<b>12/11/2021</b>		<b>Checking at Citizens Bank - Ne</b>	<b>1,000.00</b>
			Greater Providence Area	Group & Area Contributions	-1,000.00
TOTAL					<u>-1,000.00</u>
<b>Deposit</b>		<b>12/11/2021</b>		<b>Checking at Citizens Bank - Ne</b>	<b>51.00</b>
			How it Works - Dorc	Group & Area Contributions	-51.00
TOTAL					<u>-51.00</u>

**NERNA!**  
**Balance Sheet**  
As of December 12, 2021

	Dec 12, 21
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
<b>Checking at Citizens Bank - Ne</b>	
FD SA	653.20
Insurance SA	6,196.00
NESSNA SA	3,576.00
PR SA	1,865.90
Prudent Reserve	4,182.00
RD / AD SA	2,774.69
Travel SA	500.00
Website SA	1,202.16
<b>Total Checking at Citizens Bank - Ne</b>	20,949.95
<b>Total Checking/Savings</b>	20,949.95
<b>Total Current Assets</b>	20,949.95
<b>TOTAL ASSETS</b>	20,949.95
<b>LIABILITIES &amp; EQUITY</b>	20,949.95

**NERNA!**  
**Transaction List by Date**  
October 11 through December 12, 2021

Type	Date	Num	Name	Memo	Clr	Split	Amount
Deposit	10/12/2021			Deposit	√	Group & Area Contributions	2,200.00
Deposit	10/15/2021			Deposit	√	Group & Area Contributions	800.00
Deposit	11/01/2021			Deposit	√	Group & Area Contributions	1,295.34
Deposit	11/09/2021			Deposit	√	Group & Area Contributions	279.00
Deposit	12/06/2021			Deposit		-SPLIT-	685.98
Deposit	12/11/2021			Deposit		-SPLIT-	97.39
Deposit	12/11/2021			Deposit		Group & Area Contributions	1,000.00
Deposit	12/11/2021			Deposit		Group & Area Contributions	51.00
Transfer	12/11/2021			Funds Transfer		Insurance SA	-860.50
Transfer	12/11/2021			Funds Transfer		RD / AD SA	-935.67
Transfer	12/11/2021			Funds Transfer		FD SA	-163.30
Transfer	12/11/2021			Funds Transfer		PR SA	-307.10
Transfer	12/11/2021			Funds Transfer		Website SA	-269.29
Check	12/12/2021	1460	Jones and Matthews	Tax preparation		Prudent Reserve	-325.00
Transfer	12/12/2021			Funds Transfer		Prudent Reserve	-687.50
Check	12/12/2021	1461	NAWS	PR Literature		NAWS Contribution	-500.00
Check	12/12/2021	1462	NAWS	Regional Donation		NAWS Contribution	-1,780.33

## Northeast Zonal Forum of Narcotics Anonymous



### NEZF Summary of Decision, October 2021

- Extend term limit for all current and willing NEZF officers by one year?
  - This affects Chair, Secretary, Public Relations, Web Servant
    - Decision : Passed
- Nominees :
  - Sandy M for Secretary
  - Decision: Passed
- **NEZF Fellowship Development Guidelines Approval**
  - By : NEZF Fellowship Development
    - Decision: Passed
- **NEZF Participates in SEZF Multi-Zonal Service Symposium Feb 11<sup>th</sup> – 13<sup>th</sup>, 2022**
  - Requested : August 2021
  - Request from Jeff P / SEZF Facilitator
  - **1) Do we wish to have the NEZF logo / brand on this event, indicating the NEZF is in some way part of the event?**
    - **Decision : Passed**
  - **2) Are we opposed to our NEZF trusted servants participating in this event, whether with planning or workshops?**
    - **Specifically and clearly : No funding from NEZF will be involved**
    - **Decision : Passed**
- **NEZF formally supports/participates with NESSNA**
  - **Decision : Passed**, NEZF officially supports, though there will be no funding from NEZF, and we will add flyer to website that includes where to participate in the planning meetings.
- **NEZF Hosting**
  - **April 2022 NEZF : Meet full weekend?**
    - With the physical WSC being postponed from 2022 to 2023, do we wish to meet for the full weekend?
    - Discussion
    - Do we meet as a hybrid NEZF in April in conjunction with the WSC?
      - Do we create an action plan around this for the December meeting?
    - Decision : Steering committee will put together an action plan to have a hybrid meeting in April at ABCD that includes the WSC - plan to be presented at December NEZF.
      - THIS WILL COME BACK FOR DECISION AT DECEMBER NEZF

## NEZF Minutes, October 2021

### Friday NEZF –

- Welcome to the NEZF October Session – Hosting Region WNY welcomes the members
- Readings
- Roll Call:

ABCD  
ENY  
Mid-A  
NJ  
NNJ  
WNY

Conn  
GNY  
New England  
N. New England  
NNY

#### ADIM:

FD  
Chair  
PR (still travelling)  
Treasury

Secretary  
V. Chair  
Web

- Minutes for August 2021 approved

Sunday – Business and Closing Sessions including Admin reports, elections & proposals, discussion and Business Orientation, 4 project plan appointment, FD Guidelines to Approve, Questions regarding us participating in the Zonal symposium the SEZF is hosting, The Collaboration of Zones and questions about our next hosting

### To DISCUSS in Open Forum

- All the Areas have active H&I with commitments (ENY) – H&I challenges
- Looking for experience on PSAs
- The formation of a Finance sub-committee with the purpose of oversight and advice on spending and prudent use of our funds. (efficient use of zoom licenses)
- A more robust regional gathering process (Regional Conscience gathering)
- Gender routing through the Phonenumber
- Meeting space challenges and helping groups get back to meetings physically
- The NESSNA workgroup to continue to run point but use NEZF resources – service from FD – put in Open Forum
- Virtual platforms, efficient use of licenses and alternatives.
- Video PSAs
- How can the NEZF support NAWs strategic Plans
- combining/merging the Eastern State zones into one.
- CAR writing workshops to the NEZF

### Saturday NEZF –

#### Open Forum:

#### **Gender routing with phonelines**

- Gender routing with phonelines. Transitioning phonenumber system to route callers to volunteers...a proposal is out now to remove gender reference. An alternative would be options on the prompts. Who is doing it and how does it work.....



- Why don't we design the phoneline to say something like if you would like to speak with a someone identified as a man press 1, if you would like to speak to a person identified as a women press 2, if you would like to speak with someone that identifies as non-binary press3, and if no preference press 4. Why does it matter what the gender identity of the caller is, what's important is the gender identity of the person they want to speak with.
- For individuals to feel safe they need to feel like they have a choice. What we have found statistically that it is women and the LGBT community which are underserved & when someone is picking up the helpline it is in response to something that has caused them to have to react to some sort of trauma that they are reaching out for help for. As above, its not what the gender identity of the caller is, what's important is the gender identity of the person they want to speak with. The choice makes more of a safety setting.
- For anyone unaware there are currently several international LGBT NA groups on Facebook. I could share any of that information to others.
- Would there be sufficient volunteers available specifically the non-binary option.
- Needs to be sensitive to all people so we don't alienate people.
- YAP feature, YAP provides a group function where you can have anywhere of 2-10 volunteers throughout the Region who could be volunteers.
- Concerns about the overall public image. If someone who comes on our website and it says we don't care about gender then they go to the phoneline and they would need to press gender specific buttons....newcomers coming in don't know we are having this discussion so it looks like we don't care (to much side talk-unable to hear recording well). Once they get into the rooms we need to make sure that their meetings are safe and the volunteers are safe.

#### **NESSNA**

- July 28<sup>th</sup>-31<sup>st</sup> in Boston, MA.....hosted by 3 Regions from our Zone (interference noted on Zoom). How can we get additional support from NEZF and outside the NEZF to help us plan and facilitate this event. One idea was to submit a service request to provide additional support. Help with workshop planning and executed, getting facilitators and having help at the event.
- Topic: come to the event and getting NEZF support.
- Difficulty hearing recording
- Conference organized with different Service tracks to appeal to multiple levels of service
- Concerns from RDs in regards to financial responsibilities for help and why NEZF is being asked to help when the 3 Region supporting this event did not support the idea of an NEZF symposium and now is asking for support from the NEZF....concerns that the NEZF may be going into so many different directions...if we are ever gonna have the Zone going we can't have so many distractions, we need better focus.
- When the FD committee was asked to work with the NESSNA team I thought it was a great idea because the NEZF would not be asked to financially support it.
- If you're interested in being part of the planning process, we are looking for involvement.

#### **Virtual platforms, efficient use of licenses and alternatives**

- A lot of registered non-profits are using tech soup for discount on Zoom, however you can actually apply for a grant through Microsoft to get Microsoft office for free and also TEAMS.
- Cana and Arizona are doing this, you just have to apply for it yearly so there is an alternative which is using Microsoft Teams rather than Zoom. You just need to be a 501C non-profit to meet the criteria

for that. **(follow up with Kris if he sent an email out with details about getting Microsoft Office free along with TEAMS)**

- Centralizing services to provide more cost effective services
- If the Region get approved by the Grant then each Area gets an email which serves as an account.
- How to you configure all these platforms for best practices.
- Difficulty hearing the Chair

**Additional TOPIC added: ADD a SPANISH speaking Region to the ZONE**

- Looking to create a Spanish speaking Region to join the Zone
- Some suggestions given, sometimes members come to the fellowship who do not speak English and they feel this service is needed.
- More discussion on the need of Spanish Region in the Zone
- Some difficulty hearing Zoom recording

**Combining/merging the Eastern State zones into one**

- There are 3 Zones on the Eastern coast of the United States (Northeast, Southeast & AZF), having informal conversations of possibly having one Zone consisting of all 3 of them which may help use leverage our resources and align them together which would have direct benefit to the groups, Areas, and Regions. A way to be more efficient and effective together.
- I think that's a great idea but the problem is funding all the services...in conjunction with all of that is to try to solidify some of those things because we can't have services without fund flow and the events would create fund flow because we are not really part of the delegation stream.
- The challenge here is understanding the important concept of decentralizing services that meet centralized needs.
- It depends on what type of services we are going to provide as far as cost.
- Prioritizing projects

**Sunday NEZF –**

**Business Session:**

- Open with Serenity Prayer
- Purpose of the NEZF
- A Vision for NA Service
- Roll Call:

Zonal Trusted Servants Present:

- Chair, Dennis M.
- Vice Chair, Sam L.
- Secretary, Kathleen
- Treasurer, James P.
- Web Servant, Jeremy F.
- PR, Wilvena
- FD, Kris R.

Absent:

None

Regions Present:

- ABCD
- CT
- ENY
- GNY
- Mid-A
- NE
- NJ
- NNE
- NNJ
- NNY
- WNY

Absent:

None

- Regions Voting: 11
  - 80% Consensus: 9
  - 2/3: 8

**Admin/Committee Reports:**

- Webservant, Jeremy F.
- PR, Wilvena
- FD, Kris R.
- Secretary, Kathleen
- Treasurer, James P.
- Vice Chair, Sam L.
- Chair, Dennis M.

**Elections + Workgroup Appointments**

**Question / Proposal from Steering**

- Extend term limit for all current and willing NEZF officers by one year?
  - This affects Chair, Secretary, Public Relations, Web Servant
  - **Possible Decision / Outcome : Yes / No**
  - **Sam will facilitate this discussion and decision**
    - Initial Poll : Online : 6Y 1N 1A
    - Discussion
    - Next poll : 7Y 4N 0A
    - Discussion
    - Final poll : 7Y 3N 0A 1PNV
    - Decision : Passed

- |              |                        |                                       |
|--------------|------------------------|---------------------------------------|
| • Chair      | Currently : Dennis M   | Confirmed staying on for another year |
| • Vice Chair | Currently : Sam L      | Confirmed staying on for another year |
| • Treasurer  | Currently : James P    | Confirmed staying on for another year |
| • Secretary  | Currently : Kathleen M | Declined staying on for another year  |

- Nominees :
  - Sandy M for Secretary
  - 9Y ON 1PNV / 1 did not participate in voting
- Web Servant                      Currently : Jeremy F                      Confirmed staying on for another year
- Fellowship Development      Currently : Kris R.                      Discovered term was 2 years, not 1, staying on
- Public Relations                      Currently : Wilvena G                      Confirmed staying on for another year

#### Volunteers (Election if necessary)

- Guidelines Project                      \_\_\_\_\_                      Up to one year term / Project based
  - Volunteer(s)
    - Mike A
- Zonal Participation Project      \_\_\_\_\_                      Up to one year term / Project based
  - Volunteer(s)
    - NEZF Public Relations
- Online Presence Project              \_\_\_\_\_                      Up to one year term / Project based
  - Volunteer(s)
    - Dennis
- Communications Project              \_\_\_\_\_                      Up to one year term / Project based
  - Volunteer(s)
    - NEZF Fellowship Development

#### NEZF Business

- **NEZF Fellowship Development Guidelines Approval**
  - Published : April 2021
  - By : NEZF Fellowship Development
  - **Possible Decision / Outcome : Yes / No / Postpone**
    - Initial Poll : Approved with no objections
- **NEZF Hosting**
  - **October 2021 NEZF : Report**
  - **April 2022 NEZF : Meet full weekend?**
    - With the physical WSC being postponed from 2022 to 2023, do we wish to meet for the full weekend?
    - Discussion
    - Do we meet as a hybrid NEZF in April in conjunction with the WSC?
      - Do we create an action plan around this for the December meeting?
    - Decision : Steering committee will put together an action plan to have a hybrid meeting in April at ABCD that includes the WSC - plan to be presented at December NEZXF
      - THIS WILL COME BACK FOR DECISION AT DECEMBER NEZF
- **NEZF formally supports/participates with NESSNA**

- o **Decision : Yes**, NEZF officially supports, though there will be no funding from NEZF, and we will add flyer to website that includes where to participate in the planning meetings
- **NEZF Participates in SEZF Multi-Zonal Service Symposium Feb 11<sup>th</sup> – 13<sup>th</sup>, 2022**
  - o Requested : August 2021
  - o Request from Jeff P / SEZF Facilitator
  - o Does the NEZF wish to officially:
    - o **1) Do we wish to have the NEZF logo / brand on this event, indicating the NEZF is in some way part of the event? 6Y 1N 0A 2PNV / 2 not participating in voting**
      - **Decision : Passed**
    - o **2) Are we opposed to our NEZF trusted servants participating in this event, whether with planning or workshops?**
      - **Specifically and clearly : No funding from NEZF will be involved**
      - **Decision : Carried as an implied decision with the first vote, no objection to this**
- **Collaboration of US Zones report + business**
  - Chair reports on October meeting of US Zones / Vice Chair will facilitate
  - Questions / proposals back to the zones
    - o **Proposal : Decisions require 80% of zones present and voting, 1 vote per zone, zones may choose to vote “Present Not Voting” to not stand in the way of moving forward.**
      - Assuming the NEZF Body will not be making a decision at this time as we meet again prior to the next meeting of US Zones – unless there is a strong objection, this is here for discussion
        - Possible votes we can send in January
          - o Yes / No / Request to Postpone / Present Not Voting
        - Sam will facilitate, Dennis will answer questions as needed
          - Discussion
          - NO DECISION TAKEN, THIS WILL COME UP FOR DECISION IN DECEMBER
- **Open Discussion / Pending decisions from reports**
  - o **NEZF has a conversation about merging into a single Eastern US Zone - discussion to have a placeholder in the future**
    - Discussion
    - NO DECISION taken from this
    - Only action to be that this appears on our agenda 3-6 months later as a discussion topic

**NEZF business concludes 1:00PM**

**Next meeting**

**December 26<sup>th</sup> @ 3:00PM**

**Zoom ID : 859 5086 2091 -- Password NEZF**



## NEZF Regional Reports, October 2021

### ABCD REGION OF NARCOTICS ANONYMOUS NEZF REPORT OCTOBER 2021

The ABCD Region was formed in 1998 and is currently composed of 7 Areas: Albany-Rensselaer, SAMMA (Northeastern New York), Mohawk River Area, Mid-Hudson Area, The Berkshire Area (encompassing part of MA) Seaway Trails (Northcentral New York) and The Green Mountain Area (encompassing groups in VT and NH). **Our Region extends from the Canadian Border to the North, into the States of VT, NH and MA to the East, Lake Ontario to the West and past the City of Poughkeepsie to the South.**

The Region encompasses at least 10 small to medium sized cities and a large rural population in every Area.

We are down from about 230 groups pre-covid to now about **162 groups. Of those groups, 33 are remote, 18 are hybrid and the rest are live.**

**The Regional subcommittee meets monthly** and currently consists of a Chair, Vice-Chair, Secretary, Treasurer, Policy Chair, Regional Meeting List Coordinator, H & I Chair, Helpline Chair webservant, RD, Alternate RD and 7 RCM's. We currently have no regional convention.

**Our Regional services currently include:** Regional Insurance Policy, Regional Meeting Lists, Regional H & I (Open), Regional E & A (Open), Regional Helpline and Regional Website.

**Regional H&I:** Regional H&I currently has no chair.

Currently, it is estimated there are about **50 H&I commitments but, due to Covid-19, only some are meeting.** We recently did have a live H&I learning day in our largest area as we are trying to get the H&I commitments up and running again.

**We do not have a Regional PR committee.** A minority of Areas have PR subcommittees of their own. There is no current proposal on the floor for a Regional PR committee.

**We do have a Regional Insurance Policy** which has been very cost effective for many Areas. We estimate the policy saves the Areas over \$5000 annually. 6 of the 7 Areas currently take advantage of the insurance policy in some form, either for groups or for individual events that require a rider.

**ABCD currently does not have a regional convention.**

Our last convention committee mishandled the convention funds. The Region had to pay some leftover bills from the convention even though there was a substantial prudent reserve. In our current policy, any new convention committee must have the oversight of a board from RSC and there is no prudent reserve to start a new convention. There has been very little interest in having another convention since the last convention in 2016 when the committee was disbanded.

**Regional Website.**

We are very proud of our Regional Website. The website has been updated at least daily during the COVID pause with a special section on the homepage indicating all internet, phone and remote meetings with links to NAWS. Now that we are reopening, that section is updated daily to note the live meetings that are opening. One challenge for the web master is pop-up Facebook groups. Many members post events and meeting changes there instead of through the service structure. The web master has to check these Facebook groups regularly as well to keep the official website updated.

**Our current Regional Concerns include:**

- Getting H & I back up and running is a major concern for most areas.
- 
- We are also very concerned with the permanent closures of meetings, safety at the meetings that are opening, overzealousness on the part of some member and politicization of virus protocols on the part of others. We are trying to open our meetings safety but personalities, volatility and irresponsibility are difficult to control while still maintaining adherence to our Traditions.
- 
- Getting the service structure back fully-functioning is also challenging. Many of our trusted servants are focused on their home groups, as they should be. Online or hybrid formats require extra bandwidth and special skills. Communications have also moved somewhat off-the-grid with apps and online services sometimes sucking up resources which could be used within the service structure. These communications outside the service structure were highly utilized during the shut-down and were a great resource for our community but communications have become somewhat scattered.
- 
- Getting any type of group conscience on Zonal, US Zonal or World level issues is not possible or practical within our current service structure. The amount of information coming at the RD is enormous and our region is being asked to make decisions for the Zone, the US Delegation or World every month. We currently have 3 (of 7) Areas represented at Region through RCM's, one of which just started coming in September. No information is really getting to any groups as little is even being reported to Areas. Areas are focused on Areas and getting meetings back, H&I going, getting literature and fund flow moving, as they should be. Groups are focused on groups, shifting rules for facilities, working with members and carrying the message, as they should be and an hour-long business meeting every month on Zonal issues is not going to happen and it shouldn't. Besides, there would not be any time for that decision to filter back up to the Region before the Zone is clammering for a decision from ABCD.
- 
- Decision Making beyond the Area is going to be the focus of a 2-part learning day in our Region at noon on December 4 and at noon on January 8 immediately following Region. This learning day is being presented by the RD Team (now just me) and the Policy Subcommittee (also just one person) so we can develop some policy for the Region and the RD regarding decision-making.

**Regional successes**

- Though we are down a lot of meetings, each meeting we currently have open, now 162, represents dedicated and devoted trusted servants who spang into action during crisis, got creative and kept their group going.
- 
- The fiscal stability of our small Region at this difficult time is a success. Though we are small and some meetings are still remote, we have been able to maintain all our financial responsibilities and continue our NAWS donations. We were even able to donate an extra \$1000 to NAWS. Though this may a small donation, our normal annual donation is about \$2500-\$3000 so, proportionately, this was a large extra donation.
-

- We are very proud of our up-to-the minute website advising members of how to access online/phone meetings and which meetings are live.
- We are also very happy that many virtual and live events have occurred in 2021 and more are scheduled. Due to the lack of fundraising in 2020, fund flow is still a bit stuck but it should start moving along soon. Last weekend, we had a live event: A Learning Day for H&I hosted by two of our areas with a third in attendance. It was focused on getting H&I moving. It was very well attended and there is a lot of interest.

In Loving Service,

Sandy M.

RD Nominee, ABCD



Connecticut Region  
of Narcotics Anonymous



The Connecticut Region of NA's NEZF Report:

❖ **Meeting Data** – Since our last Report to the NEZF in April 2021, the number of in-person meetings continues to increase. Our RSC Website lists the following number of weekly NA meetings in the Connecticut Region:

	<b>In Person / Hybrid</b>	<b>Virtual</b>	<b>Total</b>
Sunday	20	12	32
Monday	21	11	32
Tuesday	22	8	30
Wednesday	28	11	39
Thursday	16	8	242
Friday	27	11	38
Saturday	22	14	36
<b>TOTALS</b>	<b>156</b>	<b>75</b>	<b>231</b>

❖ **Areas and Regional Service Committees** – The nine (9) Areas within the Connecticut Region continue to meet monthly, with some in-person, some on Zoom only and some hybrid. Fund flow continues through our Region's NA structure, and our RSC has maintained its prudent reserve and continues to fund flow to NAWS. We held elections at our October RSC Meeting. Unfortunately, we were only able to fill the treasurer commitment. A percentage of our Areas are also reporting unfilled positions. A few of our Area Hospitals and Institutions Subcommittees are reporting servicing in-person commitments in treatment centers. The Correctional Facilities are still closed. Area Public Relations Subcommittees continue with their activities.



❖ **Regional Convention** – We have begun hotel negotiations for our 2023 Regional Convention that is normally held on the first full weekend after January 1<sup>st</sup> (2022). As we do not rely on the Convention for fundraising, this postponement will have no financial impact on our RSC.

Privileged to Serve

**Troy B.**, Regional Delegate

**Allyse M.**, Regional Delegate Alternate

October 22, 2021

- **Greater New York Region**
- The Greater New York Region consists of 13 Areas located in the 5 boroughs of New York City as well as several Counties North of the City and parts of Long Island.
- Reopening of in-person meetings has been continuing, especially outside of N.Y.C. Some larger meetings are holding parallel in-person and virtual meetings. Issues of participation in Area and Regional Service as well as 7th Tradition are being worked out as they arise. The fund flow has been positive as the virtual meetings are much cheaper to run and some get many participants from other Regions throughout the U.S and Worldwide. Virtual Regional and Area Service meetings are working out well as costs are cut such as cost of travel and time spent getting to and from the Meetings. Area Donations to the Region as well as the Regional donations to NAWS are consistent. The Region and its Areas are regularly organizing creative Fundraising Events.
- The GNYRSO (Regional Service Office), which among other Services is a Literature Distribution Office, has been increasing Sales to re-opening in person meetings. Facilities that are not N.A. Groups, Areas, etc... are also increasing purchases. The Office, located in lower Manhattan, is also open a few days a week for sales to walk-ins, order pickups, etc... It is, as far as we know, the ONLY N.A. Literature Distribution Office in the Northeast Zone. Orders can be placed online by going to the Regional website.
- The RSO Directors are also working diligently to increase the customer base in Regions throughout the Northeast by offering the same Discounts as NAWS. They are also offering to ALL NA Service Bodies payment terms of 30 days subject to approval by the BOD of the RSO and very favorable Shipping charges. Please keep in mind that Shipping Costs can be eliminated and turnaround time reduced with easily arranged pickup of completed orders by appointment rather than shipping.
- GNYRSO Contact Info: WEBSITE: [www.newyorkna.org](http://www.newyorkna.org) Email: [rso@newyorkna.org](mailto:rso@newyorkna.org) Phone: 212-9297117
- The 2023 GNY Regional Convention- Impossible Dream II is being organized with flyers and information to Areas and Groups to get interested Volunteers for the different Service Positions needed.
- Public Information- has been working on possibilities for Public Service Announcements with help from the GNYRSO, which is a registered non-profit.

- H & I in person presentations has been limited due to ongoing in person restrictions but H&I has been working to organize virtual presentations where possible. There has been an increase in groups joining our virtual meetings from Institutions.
- Regional Helpline is functioning well and has over 30 Volunteers.
- The BMLT/ Helpline Committee also coordinates and compiles our Meeting List to maintain current In Person and Virtual Meeting information.
- The Regional website provides lots of relevant information and is maintained by a dedicated Web savvy team.
- We now have a dedicated Regional Archivist, Peter H., who is organizing and updating our Archives.
- GNYR RD Team

## **MID ATLANTIC REGIONAL REPORT! NEZF - OCTOBER 2021!**

Mid Atlantic represents areas ranging from Shrewsbury PA to Poconos Pennsylvania. We have about 15 areas and pre COVID possessed over 500 meetings. This information is changing daily based on in person meeting openings, many meetings are available on zoom platform or hybrids. Most areas involved have opened a good portion of in person meetings as well. Activities committees throughout the region are beginning to open up and some place safety restrictions on events in order to hold said events.

Our region was meeting every other month on the zoom platform and beginning next month, November will be in person/hybrid format. Our current attendance varies based on zoom/ internet availability in certain areas. Many of our trusted servants have maintained other commitments in their areas to try and reestablish foundations.

We currently have a functioning H and I, PI, Helpline, Website, Behind the Walls step writing, Insurance, policy, and Marlcna. Despite current challenges our subcommittees are existing and fulfilling most of their duties.

Mid Atlantic is excited for the project plan involving formalizing guidelines into policy this weekend. We have several members that may be in attendance to assist with this project.

We regularly attempt to educate our region's members in the function of the NEZF but may require addition assistance in the future (already discussed with FD). MARLCNA may be an opportunity to house such a platform.

In Loving Service,  
Suzi B.

### **HIGHLIGHTS:**

Excited for project plan preparation for policy of NEZF!  
MARLCNA is still occurring (02.04.22 - 02.06.22)!  
Possibly adding the NEZF to the limited workshops offered this year

## **New England Region of Narcotics Anonymous**

Report to North Eastern Zonal Forum of Narcotics Anonymous  
October 22, 2021 – Hybrid Meeting – Niagara Falls, NY

The New England Region was established in 1984 & currently encompasses most of the Commonwealth of Massachusetts (approx. 90%) and all of the state of Rhode Island. **Our region is home to eleven areas** which are: Boston, Cape Cod, Central Mass, Greater Providence, Martha’s Vineyard, Metro West, Nantucket, North East Mass, South East Mass, South Shore, Western Mass. The Greater Worcester area has shuttered. The newly formed Online Area (OANENA) has suspended operations. **There are approximately 451 meetings weekly, 154 of these meets virtually with 261 in person / hybrid.** Six of our areas host their own conventions and five host annual camp-outs, most of these were postponed or cancelled this past year due to Covid-19.

Our member areas normally host a number of activities throughout the year such as speaker jams, dances, sponsorship breakfasts, cookouts and learning days... again many of these were either cancelled or held virtually.

We travel to each of our member Areas on a bimonthly basis, the second full weekend of every even numbered month. Under our Area rotation , 10 areas host the RSC once every two years. The islands (Martha’s Vineyard and Nantucket) alternate and host every two years as do Central Mass and Greater Worcester. Since April of 2020 **we have been meeting virtually and have been discussing the possibility of returning to this rotation once all restrictions are lifted.**

- **Our regional convention was postponed until March of 2023 and will be held at the Seacrest Beach Hotel in Falmouth, MA.**
- **We are actively involved in the planning of the service symposium (NESSNA) which will now be held on July 28-31, 2022 at the Boston/Peabody Marriott**
- **Fellowship Development continues to assist the delegate team and is working with/training new RCMs to better increase participation and increase input toward more robust regional conscience gathering.**
- The website has been doing a terrific job of keeping the areas informed of updated information regarding meetings, virtual, in person and hybrid.
- The H&I committee has seen a major change in the number of facilities served commitments attended due to the pandemic although some areas are back to doing in person commitments.
- Our finance subcommittee reports that donations are increasing. At the close of October’s meeting, we were in the black and above prudent reserve, a sizable donation was made to NAWS.
- Discussions are ongoing with regard to the feasibility of printing meeting lists at this time, there was talk of a QR code that might be beneficial.
- PR continues to do their work and is planning to attend all regular events when and if they occur.
- **Our region voted to extend the RD/AD term for a year.**
- **We are submitting a \$200 donation for the NEZF unfunded trusted servants**

In Loving Service,  
James P., Regional Delegate  
New England Regional Service Committee  
[jgpbos@me.com](mailto:jgpbos@me.com)  
617-314-4048

## Northern New England Regional Report to NEZF

Sam L., Regional Delegate

Danielle D., Alternate Delegate

October 22, 2021

Northern New England Region consist of approximately 200 meetings per week across five areas in Maine, New Hampshire, northern Vermont, and northeast Massachusetts. We are a geographically large region (500 miles from the eastern tip of ME to the western tip of VT and 600 miles from the northern tip of ME to the northeast shore of MA) composed of mostly rural and isolated communities and we tend to face the common challenges of sparsely populated NA communities, such as underdevelopment, number of trusted servants willing to serve, clarity of message and small meetings.

Our RSC is doing well. We meet every other month. We have regular RCM attendance from four of five of our member ASCs. We allow for virtual participation of RCMs at our RSC via zoom and live stream our RSCs via zoom. Until September, our RSC had moved to Zoom in response to the pandemic. Our September RSC was hybrid, and we intend to continue to hold hybrid RSC meetings until further notice. Our Fellowship Development Chair position is currently open. Our RSC's only standing subcommittee is Fellowship Development, but we serve as a coordinating body for the H&I and PR subcommittees of our member areas. Before the pandemic began, our region held approximately 50 H&I commitments each month, but that number has dwindled since the beginning of the pandemic and we currently have very few active H&I commitments. All 5 ASCs have active PR subcommittees, including phone lines, meeting lists and websites. As with most of the US, most of our events since March 2020 have gone virtual including area conventions has also been shifted to remote. That said, our Champlain Valley area convention in Burlington, VT will be held in person (the first convention in our region to return to in-person) November 12-14.

Our region provides insurance coverage for all groups, group-sponsored and area sponsored events. During our most recent annual insurance renewal, we discovered changes in our insurance terms which essentially wrote out risks related to COVID exposure and transmission which might take place at meetings and events otherwise insured under the policy.

We recently put in place a new prudent reserve and fund-flow policy, where bi-monthly fund-flow will be split 80% to NAWS and 20% to the NEZF. We have been making bimonthly donations to the NEZF since July 2020 as part of our standard fund flow.

Our Fellowship Development subcommittee recently completed its BMLT and YAP transition. We now have a regional YAP phone line and all 5 member areas are BMLT and YAP enabled. We can print a regional meeting list and share volunteers across areas. It would be useful to integrate our instance of BMLT with ABCD region since northern VT is part of Northern New England Region and southern VT is part of ABCD region. My understanding is that a statewide VT meeting list can be produced now that both regions are on the BMLT and the ability to produce a statewide meeting list would be an asset to the Vermont NA community

Our Fellowship Development subcommittee also continues to plan the Northeastern States Service Symposium of NA (NESSSNA). Due to the COVID, the workgroup renegotiated its contract with the hotel and rescheduled the event for July 28-31, 2022 in Boston, MA. You may now register for the event, book your hotel room and order merchandise at [www.nesssna.org](http://www.nesssna.org). In addition to the hosting regions (New England and Northern New England), Western NY has begun its formal participation. In fact, we'd like to request support from the NEZF FD subcommittee to help our multi-regional workgroup plan and execute NESSSNA over the next 9 months. Our workgroup would benefit from additional human resources, and it seems like this request is in line with the purpose of NEZF FD.

We encourage all member regions of the NEZF to consider participating in whatever way you choose: (1) by attending the event, (2) by serving on the Planning Workgroup or, (3) by making a financial contribution. All are welcome, and we need your support! Our next meeting is scheduled for Sunday, October 31<sup>st</sup> at 11:30am via zoom. Please spread the word!!

## NORTHERN NEW JERSEY REGIONAL SERVICE COMMITTEE REPORT TO NEZF

NNJRSC TYPICALLY MEETS THE FIRST SUNDAY AT 1 PM OF EVERY EVEN MONTH OF THE YEAR. ON WSC YEAR WE MEET MONTHLY FROM JANUARY TO APRIL DUE TO THE CONFERENCE AGENDA REPORT (CAR). THAT MARCH SESSION WILL BE TO WRAP UP THE EVENTS OF THE CAR.

NNJRSC CONSISTS OF THE FOLLOWING AREAS: BERGEN, FREEDOM THROUGH UNITY, GREATER NEWARK, GREATER PLAINFIELD, HUDSON, INNER CITY, NORTHWEST NJ, ORIGINAL, PASSAIC COUNTY, SILK CITY AND SUBURBAN ESSEX.

WE MEET AT COMMUNITY CHURCH OF CEDAR GROVE, 68 BOWDEN ROAD, CEDAR GROVE, NEW JERSEY 07505. SIMULTANEOUSLY WE MEET ON-LINE VIA ZOOM. MEETING ID: 883 9838 9296, PASSCODE 177850.

NNJRSC WILL BE CONTRIBUTING \$ 53.62 FOR OUR SHARE OF WEB HOSTING AND ZOOM COSTS AND \$100.00 TOWARDS UNFUNDED TRUSTED SERVANTS. TOTAL \$153.62.

### **REPORT SUBMITTED BY RD MAURICE K.**

- **NEZF Report: NNYRSCNA**
- Things are going moderately well at the Northern New York region. We are currently seeing meetings open back up slowly, including two new meetings at least started by new members, meaning spontaneously formed due to a need. Due to restrictions placed by New York State, H&I efforts are mostly at a standstill. NNY is working in conjunction with the other 4 regions in NYS and the NEZF PR subcommittee to draft a letter to the governor or appropriate state board to have NA deemed an essential service. It is thought that this would help lift some of the restrictions placed and allow us back in to carry the message to addicts who cannot attend other meetings.
- NNYRSCNA is currently supplying “tech” services to the ABCD region and possibly WNY region if they decide to join us. We are supplying the phonenumber for ABCD and as a result we are also providing BMLT services as well, I think they are linked.
- We are currently struggling with finding trusted servants, and fund flow within the region. With fewer meetings there is less income for the ASC which in turn leads to less at the RSC. We are still meeting mostly virtually but have had one in person meeting back in July and are hoping to have more in the future.
- In loving service, Mike A
- Highlights:
  - Meetings are opening and forming due to need
  - Collaborating with other service bodies to appeal to NYS
  - Supplying “tech” services to other region (s)
  - Looking at physical meetings again soon
  - Still have struggles but looking forward to finding fresh solutions with the NEZF

## WNYRNA

Hello Family,

WNYRNA continues to provide services and we have been meeting virtually every other month. WNYRNA meets on the Third Saturday of Odd Months. The region is made up of the five following areas: 1. Buffalo, 2. Central Allegheny Mountain Area NA (CAMNA), 3. Northern Allegheny Mountain NA (NAMANA), 4. Niagara Falls, and 5. Niagara-Orleans (NIO). Our boundaries are spiritual not geographic. WNYRNA had newly elected officers step into their positions at the January 2021 Meeting.

Chair - Stephen D  
Vice Chair - Stephanie L  
Secretary - currently vacant  
Treasurer - Matt S (re-elected)  
RD - Sarah  
RDA - Brett V.  
Convention - vacant

Due to the COVID-19 Pandemic, the changes in restrictions, rules and current options for places to meet in person, there is a daily variable regarding the number of options for meetings that are available “in-person”. The current number of “in-person” meetings (as reported on [www.nawny.org](http://www.nawny.org)) is approximately 100, and the number of virtual meetings within the region is 40 with one meeting (also as reported on [www.nawny.org](http://www.nawny.org)) is. There are some meetings that are offering “hybrid” options.

The current Web Chair has developed a committee, and there is conversation about WNYRNA updating the BMLT to allow for it to be utilized in this region. With this update completed, there will be able to be a “state meeting list pulled” from the BMLT information. The updates to the BMLT have been a conversation on and off for the past few years, so this is a very exciting opportunity to look towards the future. The web team has also added a calendar on the site, and continues to have an incredible amount of traffic for people seeking meetings.

The Buffalo Area held their “in-person” convention September 2 -5, 2021 at the Buffalo Airport Hotel. Niagara Falls is hosting their next convention until 2022, and they continue to host various fundraising and fellowship building events to however promote their upcoming Convention.

The regional convention is currently without a Chair, although there was a nomination made at the last regional meeting. As more information becomes available it can be found by accessing the region’s website ([nawny.org](http://nawny.org)).

- Area’s in the Region Updates:
- Buffalo Area - Held first in person “Area Meeting” in October
- CAMNA - Central Allegheny Mountains NA will be hosting their 11th Annual Gratitude Dinner.
- Niagara Falls - In person meetings are taking place; events are happening to support the fellowship.
- NIO - Niagara Orleans - Many vacant positions; upcoming events including a winter formal hosted by a home group; Gratitude Feast and planning for NYE. ([nawny.org](http://nawny.org))
- NAMANA - Northern Allegheny Mountain Area- Planning a fall speaker jam

We are excited to be hosting this Zone, welcome to Western New York. We are glad that you were able to join us, weather in person or virtually. This is a long overdue time for us to gather together in service. The Niagara Falls NA Fellowship is very excited to be able to provide the Zone with a Speaker Jam and Dance on Saturday, October 23rd,

lunch for all present on Saturday, and they will be here to answer questions, support us and welcome us to their part of the state!

Grateful for the opportunity to serve with you all.

In Loving Service,

Sarah L - Regional Delegate

Brett V -Regional Delegate Alternate

## Eastern New York Region RD Report to Northeast Zonal Forum

**October 22, 2021 Eastern New York Region is comprised geographically of Suffolk County on Long Island to the east and Queens County**

**in New York City to the west. ENYR consists of six Areas: Nassau Area, Queens Area, Western Queens, Metro Area de Habla Hispania (Spanish Speaking Groups) Simply Spiritual Area, and Suffolk Area.**

**The ENYR meets monthly on the third Sat of the month has 210 meetings a week. The main services the ENYR provides are:**

- **Regional Meeting Lists (1000 booklets @\$1.04 each =\$1043.00 updated twice a year)**
- **Literature Sales (monthly average of NAWS literature purchases \$2349.00)**
- **Insurance \$6712.00 Cost by Area: Nassau 17696.17; Queens 1670.12; WQ 756.28; Metro 409.65;**

**Simply Spiritual 252.09; Suffolk 1827.68)**

- **Helpline 15 volunteers- 135-168 hours covered – 181 calls**
- **Regional website nanewyork.org**
- **ENYR is incorporated as a not-for- profit, 501c3 and has a BOT.**
- **ENYR is financially solvent and \$9777.10 was donated to NAWS in 2018.**

**Five out of six Areas hold conventions: Nassau Area January 14 - 16 2022; Suffolk Area June 25 – 27 2022. It has been reported in all the Areas that there is an increase in younger members.**

**PR Regional Chair & Area Chairs Nassau, Queens, Western Queens, Suffolk & Metro Area. We're discussing Fellowship Development with Basic PR service efforts. Presentations, Workshops, Learning days. Supporting Regional & Area Services, bringing awareness to the community of who, what and where we are available as a viable resource of recovery. Public Relations is continuing to foster Goodwill in the Community at large.**

**ENYR PR - 1. Reopening Meeting Checklist sent to area groups for those who may be meeting publicly. 2. Listing of virtual meetings <http://www.virtual-na.org> and meetings by phone <http://www.nabyphone.com>**

**Nassau Area PR - is informing the fellowship members on the Reopening checklist Guidelines for the area. 2. PR is continuing to inform radio stations and news outlets about NA. 3. PR participated in a virtual presentation to the public who will be attending the Narcan training session. 4. PR has completed their annual Inventory. 5. Outreach Project to recovery houses, outpatient facilities, etc. Literature distribution. 6. PR is supporting the Website committee in updating the website.**

**Suffolk Area PR - 1. Sending out letters informing the public Colleges, Durg facilities etc. submitting flyers with URL & JFT meeting finder phone #. Working with H&I to give virtual presentations to the public and fellowship members. PR is providing literature to facilities. Meeting re-opening in Bayport. PR is supporting H&I with 1 new committee in Brentwood detox facility.**

**Metro Area PR - 1. is attending various PR workshops and conferences worldwide. 2. PR provided Helpline information to committee members. 3. PR has done various presentations. In person meetings are opening gradually. 4. Metro area Brooklyn 2 meetings open, Metro area Manhattan 1 meeting open Metro area Bronx 6 meeting open Queens has 1 meeting open. Metro area participated in a Street fair booth sitting in the Bronx. 5. PR has given in person groups meeting checklist guidelines for safe in person meetings**

#### **Eastern New York Region RD Report to Northeast Zonal Forum**

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**Virtual Group Starter kit - 1.2 to 1.3 Million Participants has been consistent for several 12 month period searches since June 2021. That's an average of 100k+ per month on our Shared Zoom Account (VGSK) showing 1.3 Mil from Oct 1 2020 to Sept 30, 2021. Other usage data you can pull from that.**

**That Zoom is a 17 Host License's, Small Business account. We started with 3 Host License's, Pro account in March 2020. Going to 10+ License's allowed us to get the Small Business which has several advantages like up to 300 Participants and Language translation audio channels in every meeting run on the entire account.**

**Of the 17 Zoom License's, the Region itself used as many as 10 at the peak of our Covid virtual meetings. Currently 8 Zoom License's are in use by Groups in the Eastern NY Region. This is a combination of mostly regular meetings and some service bodies of the 6 Areas. See the chart below which I use to track usage.**

**The other 9 Zoom License's are used by various Regions or Groups. These are paid for (\$21per) by the groups/areas/regions involved using our GiveButter donation platform via CC, PayPal or Venmo. Here is the breakdown: 2 - NANA 24/7 (Nassau Group), 2 - QNA (Seattle/FL/Chicago USA Group), 1 - Texas Groups/Area, 1 - Internationally Known Recovery IKR (Queens Area), 1 - Northstar Group, 1 - Bring Your Own (Kentucky Area), & 1 - Rockaway Groups (Queens Area)**

**The Zoom account (\$271) paid for itself via GiveButter donations in Sept 2021 and I believe it will continue to cover**

the expense to the region going forward.

## Oct 21, 2021 BMLT Meeting Data

Area Name	Service Code	In-Person Only	Virtual Only	Hybird	Totals	
Suffolk	1001	40	10	8	58	
Nassau	1002	22	24	9	55	
Simply Spiritual	1004	6	1	1	8	
Metro	1015	2	11	0	13	
Queens	1016	11	36	6	53	
Western Queens	1017	17	4	2	23	210
<b>Totals</b>		<b>98</b>	<b>86</b>	<b>26</b>	<b>210</b>	

Meetings a week not "Groups" is 210. Still 79 meetings unpublished/closed

All ENYR area's have viable H&I Sub Committees. The Regional H&I Chair position is currently vacant.

### Summary of Regional of Successes:

- RSC meets on Zoom monthly. Able to conduct business virtually and with an email conscience. Regional Workshops to be scheduled on Zoom.
- Regional PI & H&I coordinating well with local Area subcommittees.
- Active engagement with directing the Zone through proposals

### Summary of Regional of Challenges:

- Regional inventory and planning
- Transition to some form of CBMD from Roberts Rules ○ Engaging younger members

### ILS,

Wilvena G., RDA  
Tommy G. RD

646-623-6816  
631-316-6376

wilvenajgordon@gmail.com  
[tgent13@gmail.com](mailto:tgent13@gmail.com)



# WSLD - Effective Report Writing

Friday, October 22, 2021 4:48 PM

Tom K- facilitator

Better reporting leads to better communication  
Can be too long or too short

Two level report

-summary 2-5 sentences, can be done during the meeting, write down major decisions, just results, not discussion or controversy

Financials- good, bad, surviving, details in the detailed part of the report

Announcements, collect fliers, make notes

Write the summary immediately after the meeting, the details can come later from the minutes(don't always rely on this..... Why summary is important)

That's the summary

Lead with an attention grabber! Anniversary celebration for example

Sub committee reports Quantify what your are doing... give number of commitments for example,

Financials are important thank engaged volunteers, mention future projects, mention any new business motions, how is the sub committee doing

RCM report to Area

Report from Region, zone, world

This is what you want your GSRs to report to their groups

Should be no more than 3-4 sentences.

Details- use from minutes from the region

RCM report to the region

Summary of your area, how are the area subcommittees doing for comparison with other area.

RD/AD report to region

A summary from zone world

What do you want the areas and groups to know about from world..... lots of material there

What do you want the areas and groups to know about from world..... lots of material there

Most important part 3-5 sentences

Details later

During CAR more info must be added, highlight motions, when/where workshops will be held, keep opinions out as much as possible

RD/AD t report to zone world

Important to give out success stories, how we handled covid issues

Group Treasurer report

Balances

Income

Expenses

Prudent reserve

Remaining balances

Chair/Vice chair report

Summary of exec meeting

Activities since last meeting

Concerns

Intro to new business

How are we doing as a service body

Remember-many people have short attention spans

Meeting closes at 1740

# WSLD carrying the message into penitentiaries and homeless shelters

Saturday, October 23, 2021 8:37 AM

Ryan M/ Linda W

Arizona was able to get literature on tablets

1/2021 AZ GSR assembly-decided to work on this project, built on experience of Ohio and Florida, kept it simple, little white book, triangle, self acceptance behind the walls?

Already had a relationship with doc so didn't need PR to assist

Thanks to Covid they were able to explore things they never would have looked at before

Got pdfs onto tablets

Follow up was very important, took 3 weeks to get before legal department for review.....thought it would be months

Worked with sponsorship behind the walls for follow up, was on the tablets before it was finalized with NAWS

It worked out fine with NAWS

Greasy feeling of joy and accomplishment

A member on the inside was the one who told them the news, confirmed by the Chaplin who said it was "so nice to have one so engaged on the inside" Clear communication/collaboration with PR reaching out to other states/ set expectations/ cooperation with NAWS..... should have agreement in advance, doing Spanish now as well as English

Letterhead needs to be present and state that literature provided at no cost to the inmates

....per NAWS

(All info available on PowerPoint which will be available as to what should be on the agreement- 2 documents)

There are different tablet providers

44,000 people in AZ state prison now have our literature

\*\*\*\*\*  
\*\*\*

Chris F- Colorado came in 1986, kept coming back, ??

Homeless- The forgotten

How can our newcomers stay clean,( need 5years according to Jimmy H)

In Denver they put the homeless in a warehouse, 1,000 men in there 48th st shelter

Tale of 2 cities, 95% of them are under the influence, they kept going week after week

Carry the message into a working man's shelter as well

Beginning of a new process for women now, help from catholic charities

Multi media outreach project. All people saying I'm Jimmy, I'm an addict

Prison don't want zoom meetings

"Bring the NA spark of hope into the darkness of despair for those suffering in facilities"

Webinars/Recordings/

Video/audio are disable for the participants

Played 2 minute ad of NA during movie breaks at the prisons

[Http://b.link/NA-CO-Speaker](http://b.link/NA-CO-Speaker)

Have sent 400 to 17 facilities in Colorado

Need to sign a written relates to be used

Technical support Jason

# WSLD PR Professional Panel- Civic

Friday, October 22, 2021 2:29 PM

Gary-addict

2,522 days 7 years clean

Non violent convicted felon

Works at the Das office

Law school grad

Community organized

Elected member of the Democratic Party

Community Based Crime Reduction Grant (CBCRG)

Non Profit- 5 years focused on community needs, policy makers meet addicts??

3 objectives

1-Understand crime in ABQ

2-What is city and county doing

3-How can NA better work with these civic folks

One of the most dangerous cities in the country. Violent crime definitely effecting how police interact with the community. 733 officers. Only 233 patrol at one time.

Very understaffed. 4 hour backlog on calls

Use of excessive force rampant here, police are retiring due to the new oversight.

85% of crimes here are non-violent in ABQ

Bail reform- no kore cash bail, many now just released to the streets, no plan on how to help these folks

Jasmine D - ABQ public safety department degrees in psychology, counseling

Identifying gaps in services, working on phd focusing on filling these gaps in services

Native American family here in ABQ

They respond to non emergency calls "person laying on the grass"

Behavioral response officers

Street outreach- connect homeless with services

Community responders- abandoned vehicles, needle pick ups

They can respond faster than Police department

Alternative response team- helps assist the police.



\*\*\*\*ABQ community safety department (ACS)\*\*\*\*

Department is now a part of the safety structure

Open to collaboration with NA

Margaitta Sanchez - Behavior health Born and raised here

Worked as a paramedic - was serving the same people over and over again

Worked on community health issues to keep them out of Eds

Worked at SAMSHA in DC

Learned how to make policy changes in DC but was too far removed from the people here in ABQ

Question was brought to the community would they accept a tax (1/8 of a cent) to fund behavioral health.

Passed overwhelmingly. \$22,000,000 received every year

\*\*\*\*Behavioral Health Services\*\*\*\* (Care Campus(

“Harm reduction continuum” need to address people all along the way

Provide pain free detox, suboxone, narcan,

“Motivational interviewing”

Crisis stabilization unit-( 2 years in December) can stay 14 days

Have mobile crisis teams are in place

Diversion program- person referred to them before being charged by the DA, keeps them out of the criminal justice system

Peer support- Re-entry from people released from jail

Jeremy Light-New Mexico Leaders in Recovery (founder and president)

Navigating and seeking treatment

At 17 he was introduced to NARCANON (Scientology) enough to make him want to quite heroin

\*\*\*Help people in crisis navigate the system\*\*\* Advocacy work

“The Shakeup” - check out the documentary

Graham -addict 6 years clean

We need to make sure that people know that this is a disease, we have to advocate for our community

Q&A

What holes need to be filled?

Constantly changing

Navigating an epidemic in a pandemic  
Homelessness is a huge one  
Takes 160 days for someone to connect with a provider

Meeting ends 1625

# WSLD PR Professional Panel- Medical

Friday, October 22, 2021 11:54 AM

Ron H- facilitator  
William Patts-PA (not representing his agency)  
Jay Dennis - Residential tx house rep  
Paul DiNatto- Shadow Mountain Recovery Center

Ron, great to work with our “partners”  
Clean in late 70’s- made up as we go  
Worked at office in mid 80’s  
WB rolled off in 2012

What the issues related to NA?  
DRT/MAT  
Signing of cards  
“No opinion on outside issues” what about suboxone, methadone?  
Personal opinions are not NA opinions  
Is it an inside or an outside issue?  
Substitution drug for drug bumps up against “complete abstinence”  
Challenge. We need to maintain our complete abstinence stance—  
New PR pamphlet rehearsing MAT  
Medication given to “treat” addiction this is treated by abstinence in our program  
“Spiritual hunger” set up with abstinence  
T3 only requirement is desire  
T5 carry the message to the addict that still suffers  
“Desire phase” when on drt- not less of a member  
can’t run from this reality  
How can we find common ground?  
How can we help tx centers better prepare their clients for NA?  
The difference between the language in step 1 addiction vs alcohol- we are looking deeper than one substance

Paul Dinatto- alcohol and drug addict Shadow mtn recovery center  
4 facilities here in New Mexico

Need team effort of tx centers and 12 step communities  
Spoke of special workers as a resource  
MAT is about harm reduction.....also aa tool that can save lives  
Naltrexone/Suboxone/Methadone/Sublocate  
T should be for therapy  
Clinics could be like a dealer  
MAT could keep them stuck in their addiction  
Need exit strategy - how should we use this tool  
Education is HUGE  
Recovery is different from being clean  
We need to keep carrying the message-follow traditions

Jay- Alcoholic/ LCSW VistaTaos path renew center  
18 bed residential facility from detox to transitional living  
12 steps is in the curriculum from the beginnin  
Use holistic methods  
Vista Taos- no MAT/ abstinence based program  
Medical detox has them come off everything-keep a close eye on them- looking to get a baseline  
Educate their clients on all the options even though they do not provide it  
Options should be provided to people  
Abstinence based- on SSRIs and told they aren't "sober" in NA-  
Clients do meetings every night thanks to Zoom  
When they leave they usually have a sponsor and a list of meetings to attend  
90% of staff is in recovery  
Mildest form of detox used-no Librium Phenobarbital is used  
Dance/yoga/mindful meditation- options that are out there  
Sponsorship is very important  
NA meetings come in (H&I)  
The spiritual aspect is very big at V-T not at all religious

Bill Physician Assistant- previously EMT and at trauma center at UNMH  
Very few actually die from the actual drug themselves- usually it's the tragedy that accompany using the drugs  
"Most addicts don't die in an overdose"  
Addiction is a neurological disease-genes are related to stress management  
Certified in psychiatry, got lots of info in DRT training  
70,000 dead addict from overdose last year- this is a tragedy  
"~ . . . ."

“Dead addicts never recover”

Decided to get the waiver to be able to prescribe Mat/DRT drugs

Detox people and provide suboxone to the seriously afflicted people, tell the clients what the numbers are

2 hours work at clinic to provide suboxone who are getting therapy

Put up a sign that said “Opiate MAT reduces OD death 50%”

“When one problem has many solutions- none of them are good”

“Don’t let the pursuit of perfect be the enemy of good”

Bleeding deacons- please stop telling folks they aren’t welcome in NA

Q&A session

Ron clarified the “special worker” remark from Paul

Speakers/sponsors requires coordination

13% of people who come off suboxone have an overdose

6-8 months on MAT usually is

Who gets what is done on a case by case basis

Trauma informed care is very important in treatment

“ACES”

Meeting ends- 1359

# WSLD Process and Tools for Engaging the Fellowship Planning

Saturday, October 23, 2021 11:04 AM

Dave T- San Diego

We don't want to "go off half cocked" with an idea

Planning doesn't have to be an overwhelming thing

Unified plan of attack

When we do planning people are encouraged to participate

Maybe do outreach to underserved communities using different languages

PR/PI is often underserved in our fellowship

People were going to H&I and not PR

When it's only 1 or 2 people they get burnt out

(Very passionate about PI?PR)

We can do planning around how to better do PR work, to get our message out into the community

Some planning could take 10 hours, can be made simpler

First thing is an inventory, as a group, area, region. What are we doing well, what could we do better

Come up with "One thing" to look at. What is the solution, how will we do it, who will do it?

Basics for planning

Start with "step one" and move on from there

How do we put these ideas into practice?

1)Realize your audience

2)How can we reach these people?

Pandemic changed how we can do business. We talked about how we can make things better & there were very little reports to be heard. Looked at problems that needed to be addressed. Too much arguing about how we do things(guidelines) rather than just doing them. Guidelines should be simple descriptions of joint descriptions.

Service committees also have a higher power, shouldn't limit it by strict guidelines. Our traditions should be our guidelines.

If we keep doing what we've always do will get what we always get.

If we keep doing what we've always do will get what we always get.

PR is the responsibility of the entire body. Planning can get the entire body excited.

Refer to planning guides from NAWS (not covered here)

Planning can be done in the H&I committee

Went to a region and did a planning session in 2 hours. Came up with two issues. Was successful

The guides are tools, the biggest part is the inventory!

FONA- Future of Narcotics Anonymous

Areas should be about how we can assist groups in carrying the message

Traditions book is awesome!! It's okay to make mistakes

Fear is our biggest adversary in carrying our message. "We've always done it this way" because we are afraid.

[Http://Na.org/planning](http://Na.org/planning)

Meeting ends 1203