

## Regional Minutes October 2023

December Regional weekend will be hosted virtually.

Subcommittees meet Saturday Dec 9<sup>th</sup> – see nerna.org for meeting times.

RSC meets Sunday Dec 10<sup>th</sup> at 11:00 am.

**RCMs: Please let groups know that they need a Rider Binder for special events coverage!!!**

| <b>Table of Contents</b> |                                     |
|--------------------------|-------------------------------------|
| Area Reports - p. 1      | Addendum - Treasurer - p. 19        |
| Committee Reports - p. 5 | Addendum – PR/Phone Line - p.       |
| Open Forum - p. 12       | Addendum - RD - p.                  |
| Old Business - p. 13     | Addendum - AD - p.                  |
| New Business - p. 13     | Appendix A - RSC Attendance - p. 14 |
|                          | Appendix B - Motions - p. 15        |

### **ATTENDANCE - See Appendix A**

Motion to accept August RSC minutes – approved.

## **AREA REPORTS**

### **BOSTON –**

RCM Oct.15, 2023

Mary C,

BASC RCM

- BASC has been training Our New BASC Executive Secretary Yeah!
- Big Thank You to Outgoing Chair for still supporting BASC.
- Welcome to BASC.

BASC still got positions Open BASC Chair

- Vice CHair
- Assistant Secretary
- Alt. RCM
- Assistant Treasurer
- GSR Chair
- Public Relations Welcome PR Chair

I Emailed NERNA FD (Fellowship & Development) Chair) James, to help Us put together a Workshop for Racism. James & I did do some brainstorming for different examples of Racism. NERNA FD Chair attended BASC Mtg in September 2023 & stated He would lead the Work Shop. I received an Email from Region FD Chair Saturday Afternoon stated he attended BASC Mtg & said there is no longer a need for Racism Workshop.

- As Acting Fellowship & Development & Outreach Vice Chair for BASC We will put together A Workshop for

Racism & BASC Positions for Executive & Subcommittee Position's. According to BASC Policy for RCM & GSR's states We can put together Workshops.

- FDOR Outgoing Members that include Me as A FDOR Member in Out going team in June. We made Motions to follow through with Needed Workshops.
- BASC will be working on locating BASC Motions that did not get filed for last 3 Years or 4 Years. BASC New team has been doing a great job. Our
- Literature Chair & team has been doing an amazing Job putting together a twice a month for Literature orders.
- We have an Awesome Policy Chair @ BASC. Our BASC Chair for Activities continues to do An amazing Job.

I will be attending Activities Mtg this month to further discuss having functions in other Boston Areas.

- Boston had 6 phone calls as of October 15, 2023 including last Regional Meeting in August 2023

I Apologize for not giving Cathie correct numbers for Boston.

- This RCM would still like for Region to support BASC with Up coming Workshops.
- BASC Convention Meetings are doing well with 9 Members. & An amazing BACNA XXI Chair. PLEASE Join Us at Convention monthly Meetings.
- Apologies from BASC PR team missing a Presentation that was due in September. We created a PR Email so that all functions concerning BASC PR Chair & Vice Chair can now locate all Emails.

H&I is doing Well as always.

BASC Treasurer is doing wonderful as Always.

- This RCM will be covering a number of Committees like GSR, FDOR along with support Convention as Assistant Secretary Member of Activities when I can attend.
- To ALL BASC will not fold on My Shift

In Love & Joy

Mary C.

**CAPE COD** - No report submitted.

**CENTRAL MASS** –

CMANA opened up with a moment of silence followed by the serenity prayer, and a reading of the 12 traditions and 12 concepts then a list was passed around for each one to sign their name and group and Subcommittee that they represent. 29 members in attendance.

All new GSR was welcomed and GSR orientation was held a half hour before the Area service meeting took place. Subcommittee reports were given. All subcommittees were present and gave their reports.

All GSR were asked to please read all announcements from the Groups and bring back announcements and new information to their homegroups. All the homegroups were encouraged to bring back the information of donation to the area. All new Meetings were announced.

<https://www.surveymonkey.com/r/23-24> enviormental scan

All Sub-committee reports given and submitted to the area Secretary.

in our Old Business:

Ad-Hoc committee looking to hold a game day on November 12 from 1-5.

Group Concerns:

Framingham get it together group is looking to do a Spring Dance/speaker Jam. They are looking for help to have this function.

Open Forum:

The one in charge of the storage is willing to open space for any sub-committee to be able to have a space to store their things.

Would also like to have support from the region on how to encourage older members of CMANA to attend. Many groups have members with only a year or less.

Money motions passed .

Thank you for allowing me to serve.

In Loving service, Teri T. RCM of CMA

## **GREATER PROVIDENCE –**

GPANA RC-M Report

October 2023

Open Positions:

Policy Chairperson

Public Relations Chairperson

Treasury:

Opening balance – \$6,629.03

Ending Balance - \$258.68

Regional Contribution - \$500

H&I: All commitments were filled. Currently serving 3 facilities and have received multiple requests for new commitments which the committee is discussing taking on new commitments based on direct need & current resources. A presentation was given to the CSU unit at Butler hospital.

PR: Gave out 50 white booklets at rally4recovery 9/17 and gave a presentation to CSU in September for H&I. October 25 th PR will give a presentation to Rhode Island College medical assisting school.

Convention Committee: Feb. 23-25, 2024 You can register for the convention and book your hotel reservation online at: <https://gpana.org/upcoming-convention>

November 4th 6-12pm NA Harlem Nights speaker, dinner, dance. 225 Main St. Pawtucket RI

Area Concerns:

The area would like to thank the regions fellowship development committee (D'Lanor, Lauren, and Jonathon) for coming down and giving a presentation on CBDM. The area really enjoyed the demonstration and it led to a lot of good conversation about the way the area currently runs and what is important in at the ASC. Although the area is not ready to move to CBDM they are interested in how this body transitions and we have more local members versed in service bodies utilizing CBDM.

This is my last meeting as the RC-M of GPA and I want to thank Providence for letting me serve and this body for supporting me the last few years.

ILS,

Marissa J.

**MARTHA'S VINEYARD** - No report submitted.

**METRO WEST** - No report submitted.

**NEMA (Northeast Mass Area)** - No report submitted.

**SEMA (Southeast Mass Area)** –

Good afternoon NERNA!

Our ASC has met twice since my last report. In August we had 16 out of 34 groups present and in September we had 11 out of 36 groups present. The Chairperson asked the body to reflect on the fact that we currently have 6 groups that are ultimately making the decisions for all the groups in the area.

In August we finalized the details of our first in person ASC in 3 years. It was decided that we would create a new position within our ASC to handle the hybrid capabilities during our ASC which we temporarily filled until policy can be created.

Regional contribution \$2257.94. We discussed the best way to get the contribution to the region since the next RSC is going to be in person and it was decided that a bank transfer would probably be the most efficient. Our SEMA treasurer is also new to the position so I am trying to help facilitate that.

FD discussed planning workshops on the IDT's presented in this cycle. October's ASC FD to host a workshop on: Gender Neutral Language in our Literature.

Dec, Feb and April will be for the remaining IDT's:

Reimagining and revitalizing service committees

MAT/DRT

Predatory/Disruptive Behavior

SEMA's Treasury:

The ending balance on the account after all business this month is \$8,851.40. Regional contribution this month is \$1,431.42 making the total regional contribution being sent this month from August and September at \$2,257.94. The ending working balance after the regional contribution is \$5,725.67. We are in need of finance committee members if anyone is interested.

October 2023 SEMA AREA'S REPORT TO REGION

Next ASC moved to Oct 22 so as to not conflict with Region.

ILS,

Laura G

**SOUTH SHORE** - No report submitted.

**WESTERN MASS** – Greetings, New England Region, thank you Central Mass Area for stepping in to host. 15 groups attended area in September and 14 in October. Our area learning day was postponed till next year, however, we are planning for a marathon meeting for Thanksgiving and also for Christmas as well as a poster drive on November 19. We are in the middle of nominations in elections for area positions, we have a ad hawk that has started to go over a possible Western Mass convention in the future. We had a recent policy update for the convention committee and waiting on some group inventories and policies that are created by some of the subcommittees that have not done theirs yet. I chaired for the first time in September since our chair and vice chair could not make it to area. Friday Time Group at 455 Island Pond Rd. in Springfield Mass from 7:30 to 9 pm needs support , Steps To Freedom is moving to Saint Ann Church on 30 College St., Chicopee Mass starting November 9 , Candlelight meeting on Fridays need support that goes from 7:30 to 9 PM in South Hadley on 1 Church St. , Write To Recover needs support on Thursdays that meets at 6:30 to 8 o'clock on 129 Main St. Northampton , New Way Of Life in Three Rivers celebrated 28 years. Fellowship Development position has a new chair elected , open positions are literature however a nomination was made , alternate RCM, BOD, however, a nomination was made, policy chair and alternate secretary. Activities needs support and are not

meeting presently and we are hoping more support and meetings happen for activities. Two donations were given to Region from Western mass for this weekend's regional service committee and August regional service committee meeting. A updated policy for Western mass is available. H&I continues to fill facilities as the subcommittees can , Public Relations is very strong with poster drives , attendant tables for several events including when Pete C and myself attended the Cape Cod Symposium in September for the regional PR table, there are several PSAs still playing on several radio stations. Treasure report can be found on our western mass website, and as I mentioned, we submitted two regional donations from our area for the last two regional service commit. A breakdown of our last treasure report is as follows Reconciliation : Beginning balance \$7,089.01, collected \$1,218.14, money paid -\$1255.65, ending balance \$7,051.50, prudent reserve \$7,051.50, excess \$0.09, sales tax \$39.98

ILS, Cathie L.

## **COMMITTEE REPORTS**

### **CHAIR –**

Thank you very much to the Central Mass Area for hosting this weekend! Great facility for both Saturday and Sunday. Since we currently do not have a chair, vice chair or secretary I'll be acting as chair/facilitator today. We really need people to step up and fill these, and other positions! It's very important for all folks giving reports to email them to secretary@newenglandna.org Our minutes are seen beyond our region, and it does not look good to see "no report" multiple times in the minutes. Thanks very much to Gail, our previous secretary, for being here today and acting as the same. We will continue trying out operating with CBDM during business today.

With gratitude,

Jim D- RD acting as chair/facilitator

### **VICE CHAIR - Open**

### **SECRETARY - Open**

### **TREASURER/FINANCE –**

Finance/Treasurer's Report

October 15, 2023

Saturday Sub-committee meeting

We met yesterday with four addicts in attendance. Open positions are alternate treasurer and a finance committee member at large.

When making an electronic donation, please remember to note if it is individual, group, or area. It would be helpful if you could email the treasurer anytime you make an electronic contribution (or make a deposit at a local branch).

Money motions:

1. \$176.85 motion PR lit
2. \$1,511.32 RD NEZF
3. \$2,470 RD WSL

Area donations received:

1. Western Mass
2. Metro West
3. South Shore
4. NEMA
5. Providence (empty envelope)
6. SEMA will be sending a wire, was not received at business

Other business:

1. Signers for checkbook since the chair and vice are all empty. Currently Noel has been

“authorized” to sign since the virtual meetings need conscience of this body as to how we would like to proceed.

2. Old records should these be put in storage; do we have storage and do we want to put this in storage? Handed to BOD for storage.

3. P.O.Box key there is only one that is accounted for, does anyone know where the other P.O. box key is?

4. How many areas use quick books? Appears 4 areas are using QuickBooks, think about doing a QuickBooks training.

Balances:

Starting Cash- 34,642.08

Ending Balance excluding set asides & reserves - \$0

NAWS donation- \$255.20

**Please see Addendum for the remainder of the treasurer’s report.**

## **CONVENTION –**

NERC XX Report

Teresa D

NERC Chair

10/14/2023

Opened meeting with Serenity Prayer, 12 Traditions, 12 Concepts, and Just for today

Treasurer Report

NERC Balance is \$965.00

We had 8 members in attendance. Gail L. was elected as merchandise chair. We have 8 positions filled with 5 open positions.

Filled positions: Open positions

Chair: Teresa D Treasurer: Needed

Vice Chair: Kevin R Asst. Secretary: Needed

Asst. Treasurer: Stacy S Arts & Graphics: Needed

Secretary: Denise H Convention Info.: Needed

Hotel & Hospitality: Peggy Fundraising & Ent.: Needed

Merchandising: Gail L

Programming: Gary N

Registration: Delia

Open Forum:

Themes and logo Voted in (Building Dreams Together One Step At A Time)

We will have our first fundraiser in December 2nd it will be a Speaker Jam and Chili cook off (Brockton?) 12pm-6pm

Just for today topic.

Early Bird registration was voted on to be \$20 a flyer will be created and sent out hopefully by next meeting.

Meeting Closed @ 2:15pm

ILS

Teresa D

**FELLOWSHIP DEVELOPMENT (FD)** - No report submitted.

## **HOSPITALS & INSTITUTIONS (H&I) –**

Good afternoon,

Thank you to central ma for hosting and being so welcoming to us when we met yesterday. H&I met yesterday at 11am. There were 11 people in attendance, four areas: Boston, Central Ma, Southeastern Ma and South Shore. Central Ma brought their policy, orientation packet and commitment format for the Subcommittee to look over and give suggestions. The committee also discussed lack of participation in their areas. Such options such as going hybrid or moving locations

of where H&I meets in each area. The committee voted to have me type up a regional H&I policy to bring to the committee for consideration due to not being able to locate a current policy. I also created an H&I Slack channel for Region and anyone is free to join. There will be updates on H&I related things in that channel. I have also received email addresses from the four areas that attended the meeting yesterday and will be sending each area's policies out to all that gave me their email addresses as requested by these areas. This is to give areas ideas from other areas on how they do things and assist area H&Is in better serving their areas. Also, when I was the SEMA H&I chair I was asked to speak to our Writing Steps in Recovery person about what she is doing to reach out to the prison system to let them know about Writing Steps in Recovery. Unfortunately, she was not in attendance at the meeting yesterday so I will contact her regarding this and report to the new SEMA H&I Chair. We voted in a new DOC coordinator, Rod B. We are still in need of a Vice Chair and a Secretary. I am also working on finding out who the H&I chairs are for the areas that have not been attending region to reach out to see how I can encourage them to attend. These areas are Metro West, NEMA, Cape Cod, Martha's Vineyard, Greater Providence, Nantucket and Western Mass.

ILS,

Chelsea B. H&I Chair

**INSURANCE** – No report submitted.

**LITERATURE** – *Open*

**PUBLIC RELATIONS (PR)** –

#### AREA REPORTS

Areas represented:

- Central Mass
- South Shore
- Western Mass

Areas submitting report without rep:

- Metro West

Dark areas

- Boston
- Cape Cod
- Martha's Vineyard
- Nantucket
- NEMA
- Greater Providence
- SEMA

#### WESTERN MASS REPORT

Met twice in the last month. 6 members in Sept, 7 in Oct.

Literature racks are doing well and being maintained.

We have done several table events in the past 2 months.

- Aug. 15th National Night Out in East Springfield
- Aug 28th Overdose Awareness Night in Easthampton
- Aug 31st Overdose Awareness Night in Westfield
- Sept. 9th Sober in the Park event in Palmer
- Sept. 16th SOAAR 5K run/walk in Belchertown

We have more events scheduled.

- Oct. 15th, Sheriff's Shuffle in Holyoke
- Oct. 29th, Lights of Hope Walk in Ludlow.
- Nov 2nd Springfield College class for future Addiction counselors. Good relationship with the professor there who invites us back every year.

Cathie L. and Pete helped out at the Cape Cod Symposium on Saturday Sept 9th

We have a PSA airing on 5 local radio stations.

We have had several hits on the QR code from our Posters we hang.

Cathie L. will summarize the phone calls we received the past few months in her report.

Our Poster Drive that was scheduled for Oct 7th was postponed due to rain and was rescheduled for Nov 18th.

I was nominated at our last Area meeting to be PR Chair for the next year. Our elections are in December.

We meet on the 2nd Thursday of every month at 5:45PM at St Anne's Church in Chicopee.

#### SOUTH SHORE REPORT

The Committee met on 9/10 & 10/4 w 4 attendees in Hanson, MA. We meet prior to the ASC meeting from 1 -2 pm. There is also a virtual supplemental SSA PR meeting held online the 4 th Sunday of each month.

There's been decline in addict involvement or interest in PR service in recent months (as well as many other SSA service committees). Some of this is a result of us not reaching out enough creating and displaying attractive opportunities and information related to PR service in the Area. And more passion. We can work on these.

We will be electing a SSA NA Facebook page PR coordinator at our next meeting in November

Other Open positions: Vice Chair, Event Coordinator, and Literature Rack Reps needed.

Expenses: \$278 PR literature and supplies (2 months)

SSA Phone-line Volunteers: Mark K and David D. (See Cathie L's report to NERSC)

MASAC program coordinator contacted us requesting an H&I commitment for the facility. Contact information was relayed to SS Area H&I Chair.

Drop-in Centers: PCO Hope in Plymouth, MA is open 10-2 on Mondays. Commitment is open

Completed events & outreach:

3 SSA members attended the Cape Cod Symposium for the Regional PR Info booth on 9/7-9/9;

Saturday 9/23 PR table at the EB Fall Festival

Saturday 9/23 PR table at the Recovery Bash in Quincy

Upcoming commitments:

Saturday 10/14 Canton Town Health Fair Info Table 10-1;

Saturday Dec 9 th SSA 38th Anniversary event PR Learning hour to be presented

Literature Racks: Approx 30 active locations in 8 Cities / Towns

Other Business: 100 more SSA PR info pamphlets were re-printed.

SSA PR magnets – 50 ordered

QR codes to go on SSA literature rack stickers

In Grateful Service,

David D

#### CENTRAL MASS REPORT

Upcoming Fitchburg Drug court event at the Fitchburg Sheriff's office. Held on October 9th, which falls on a holiday, which is Indigenous People's Day. Planning will include a brief rehearsal of how to do a PR Presentation properly. Fitchburg Drug court Presentations will continue on the second Monday of each month October 28th Speaker Jam and Flyer Hanging Day in Worcester St. Johns

11/19/23 Flag Football Flyer hanging day event 11am-3pm in Leominster Fitchburg area. This event was undertaken due to outreach from a meeting which reached out for support for their local NA community. PR will take inventory of the literature and "out with the old and in the with new"

A list made of updated literature and where we could put the literature in the CMANA area, including Spanish literature, Just for Today, White booklets, For the NewComer, An NA Meeting Introduction, NA Basic Text, PR will send a letter to Worcester probation which is requesting presentations.

Will reach out to various probation officers in the area asking if they would like presentations at their locations via email or letters.

Next meeting 10/2/23 @ 5:30pm and 10/19 @ 5:30pm.

METRO WEST:



The last two meetings were held with no one in attendance. The chairperson is struggling to stir up interest. Several members of Regional PR will help out where they can. I will attend the next meeting of the MWR PR.

#### HELP LINE REPORT: Cathie L

Martha's Vineyard ( Bill/ Amanda) A couple of calls came in for meeting information.

Cape Cod ( Harold) no phone calls

Nantucket ( Beth ) no phone calls

GPANA ( Stephanie C.) 6 phone calls August 18 An addict called saying he was unable to get into a meeting at Brown and was unsure he was at the right door. I called another member and they said they have been having issues with the door but would meet this addict back and told them to wait for a member , September 24 th An addict called about the ASC meeting for GPANA and the time for literature sales, September 28th An individual called looking for AA meetings, I told them this was an NA phone line and I could give them information on NA meetings but I do not have other fellowship 's

information, September 39th An addict called looking for a meeting in North Attleboro , I gave him the Attleboro meeting location . He also was looking for a ride and I explained this is an informational phone line, October 2nd An addict called asking if they could just walk into a meeting or if they needed a reservation. I explained anyone can attend most Narcotics Anonymous meeting and I explained how to read the meeting list and the meaning of the O for open meetings for guests but other than that you can attend any meeting and that most GPANA meetings are open to anyone, ILS Steph C

Boston ( Mary) Greetings , Boston received one phone call

Central MASS ( Krist / Meredith is back up ) one phone call and two emails on August , 4 emails , 4 phone calls in Sept and one follow up in a text message , also on September 11 one email asking about how to eliminate a meeting from the Boston area so Cathie L. Assisted Krist with that question.

Western MASS ( Cailey and back up is Stacy and Pete C. ) 4 phone calls in September. 1. Man calling to confirm meetings , found out the information on the meeting list 2. Woman calling about her brother , when Pete C. Said he could help she had hung up , Pete attempted to call back , there was no answer. 3 A woman called twice who got our number from an NA flyer called looking to talk to someone about issues of abuse and harassment, seeking personal advice. This call was handled by our volunteer Cailey . 3 hits on our Q R codes

Metrowest and NEMA ( Mikey S ) no report.

SEMA ( Ruthann) no phone calls except a call from a telemarketer.

South Shore ( Mark K. / David D.) Mark K received on phone call October 7 call was received from an addict in Bridgewater "just wanting to talk" Narcotics Anonymous meeting we're discussed and suggested. Questions were answered and caller was directed to meeting in his Vicinity . He explained that he has social anxiety and fears he will not end up going . He was advised that he may wish to try virtually meetings initially . Several virtual groups were suggested and the caller was educated on how to locate all local meetings on the NERNA website. ILS, Mark k. David D . 8/13 caller inquired if the Saturday night live group is a women's meeting call or was given correct format information for this group call or was offered a list of women's meetings but color declined it 8/15 call or asked if there are any meetings we are non-addicts are welcome as she wish to support her husband.

Several dropped/missed calls 9/13 newcomer called sent to noon wrap meeting in Brockton 9/30

caller's dad is an alcoholic referred to Al-Anon and learning to cope

That is my phone line report from your phone line coordinator, ILS , Cathie L

#### OTHER COMMITTEES

- We heard reports from our Chair and Vice Chair
- We brainstormed some suggestions for establishing our new position of Social Media Coordinator which Pete has accepted. Several members have agreed to meet and establish guidelines and some action plan before our December meeting.
- We are still in need of a Training coordinator. Several experienced members expressed their availability should a request for PR Training arise. There are MANY document and electronic resources available, including Power Point presentations and policies/procedures from several other Regions.

- Literature coordinator has done a full inventory and will assure that we have everything we need for upcoming commitments. Reminder: if any NERNA inventory is “loaned out” is should be returned.

## OPEN POSITIONS

SECRETARY: Marissa R was nominated and approved by acclamation to the position of PR Subcommittee Secretary to begin their term with our next meeting.

TRAINING COORDINAOR still open. No takers.

### OLD BUSINESS:

Group consensus taken to make the time of the PR Subcommittee 11 AM for the immediate future.

Notice will be sent to the Regional Chair and Secretary.

### NEW BUSINESS:

A member asked that we read the phone line report in its entirety and not “summarize” or encapsulate the information contained in it to give each of our phone line volunteers who work diligently on our “front line” a chance to express their service to this body.

George will take on leadership of the The NE Assoc of Recovery Court Professionals commitment (formerly “Drug Court”) which will take place Nov 15 to 17th in Davnvers, MA. Regional PR will cover this will help from several of our area subcommittees.

Concerns were expressed for some of our areas which were not presented in person or via written report. NERNA PR Chair will reach out via phone to these committees and, if no response, will reach out to those area chairs to ask for an update of their area’s PR activities.

## EVENTS

As you heard in several of our reports, The Cape Cod Symposium was covered and went well. We received one bit of negative feedback but the rest of the weekend we were welcomed and received many words of appreciation from the professional community.

Canton Health Fair: October 14th was covered and went well.

### ZONAL FORUM (see flyer)

GNYR is hosting the next Zonal Forum! If you attend in person, there will be pizza and refreshments.

There is an online hybrid option to attend.

Public Information Subcommittee members from our sister zone in NJ will be conducting the PI workshop in person and the H&I workshops will be conducted by GNYR and Manhattan Area H&I Chair as one of the workshop presenters.

Find out exactly how the Northeast Zone supports services here in GNY, in particular and the role of zones in our service structure in general.

Hope to see you there! Love and Light, Wilvena NEZF Chair

Respectfully submitted,

George S. cell (617) 817-7126

pr@nerna.org

[pr@newenglandna.org](mailto:pr@newenglandna.org)

## **REGIONAL DELEGATE (RD) –**

### **Environmental Scan**

The World Board has worked this past year to begin to redesign strategic planning into a much more collaborative process. Conference participants began at WSC 2023 by identifying the factors within NA and in the external environment that could most impact our ability to achieve our Vision. That was the first part of the “inventory” phase for this new planning cycle.

The results of this survey will be gathered and fed back to the delegates for further discussion and analysis at zonal meetings. NA World Services will be asking for time at zonal meetings twice next year to advance this new collaborative planning process. The results of this work will help determine where NA World Services and the WSC

prioritizes its time and energy in the future. As your delegate team, our participation is vital in helping the world board understand how they can better support the Fellowship in carrying the NA message.

Part One of this process was completed at the WSC as we identified and prioritized the factors within NA and the external environment that might affect our ability to achieve our vision. The scan is focused on those results.

We posted the scan in Slack last Sunday in hopes that people would get a chance to look it over before today's meeting. We will take about fifteen minutes in open forum to take the temperature of the room on each of the factors listed to assist us in completing the survey for our region.

### **NEZF**

The next meeting of the NORTH EAST ZONAL forum will be on the weekend of the 27<sup>th</sup> -29<sup>th</sup> of October in Stamford, CT Open positions at the zone are secretary and Public Relations chair.

We will be submitting a money motion of \$1,511 which includes a \$200 contribution for unfunded trusted servants, of which we now have three at the zone including our own James P and Sam S.

### **NAWS Update**

NAWS has posted the dates for the conference cycle at [www.na.org/dates](http://www.na.org/dates). An updated Guide to World Services in NA should be posted soon as well. They are working on it now. They've also have posted an updated Guide to Local Services at [www.na.org/handbooks](http://www.na.org/handbooks) reflecting WSC 2023 decisions about virtual meetings and a three-year cycle. The World Service Conference will be 3–9 May 2026 in Woodland Hills, California. The interim WSC meeting will be online 28 February and 1 March 2025. Each day will have two two-hour sessions, 11am–1pm and 2pm–4pm, Pacific Standard Time.

NAWS is planning to switch from a system that attempts to keep data for individual NA meetings to one that directs people to local websites and phonelines.

They're holding a webinar 11 November, 11a–12:30p, PST, to explain the new meeting finder system and the information we need from regional/area web trusted servants. The meeting is open to anyone but is especially geared toward website and phonelines trusted servants who maintain meeting information. Meeting ID: 827 1145 8381, Passcode: 1953. A recording of the webinar will be posted to [www.na.org/meetingsearch](http://www.na.org/meetingsearch) afterward for those who are unable to attend. You can find a flyer here: [www.na.org/webinar](http://www.na.org/webinar).

NAWS is still hopeful that they will open pre-registration for WCNA 37 by the end of this year. At that same time they will open up the hotel block for booking rooms. The convention is being held in Washington, DC from 29 August-1 September 2024.

### **Spending and Travel**

We heard you clearly at our last regional meeting about spending monies on the delegate team traveling to various events around the country. We are planning to consult with some former delegate team members as well as the finance council as we put together our spending plan for the remainder of this conference cycle. Having said that, we will be submitting a motion today to travel to the Western Service Learning Days (WSLD) for \$2,470.00. WSLD was the first of these events and is really the "gold standard" and that is why it was decided to include it in this year's spending plan.

Thank you for your confidence in electing me as delegate. I'm very much looking forward to working with D'Lanor to serve our region to the best of our abilities.

With gratitude,  
Jim D- RD

**ALTERNATE DELEGATE (AD)** - No report submitted.

**REGIONAL MEETING DIRECTORIES (RMD)** - *Open*  
**WEBSITE** – *Open*

## **BOARD OF DIRECTORS (BOD) –**

Oct 14, 2023 NERNA BOD Meeting Minutes

The board convened via zoom Oct. 14th at 8 am.

Members present were:

Katrina S. - President

Gail L. - Clerk

Teresa D. - Director/NERCC Chair

Peggy M. - Director/NERCC H&H Chair

Members absent: Mikey S. - Director

The following positions are open:

Treasurer – Exp. 04-01-2025

Director – Exp. 04-01-2024

Director – Exp. 04-01-2025

Director – Exp. 04-01-2025

We discussed the contract and food with Sturbridge Hotel for our 2025 convention. We are very close to finalizing the contract.

Lennin P. was presented as a candidate for BOD/Convention Treasurer. The Board unanimously recommends Lennin P. to the corporation to fulfill that position.

All tax and state filings are current to date. The meeting closed at 9:00 am.

Corporation Meeting Open - 7 voting members in attendance

- Sam G. nominated for Director pro-tem 04-01-2024
  - Approved - Unanimous
- Lennin P. nominated for position of BOD/Convention Treasurer.
  - Approved - Unanimous

## **AREA CONCERNS / OPEN FORUM**

- Subcommittees hybrid? Get more participation?
- Signers on checks – digital?
- Records should be kept with treasurer. Do we/should we have storage?
- H&I survey – na.org/H&I
- Regional rotation schedule – Jaime – 3 year not 2 year, conference cycle has changed (CAR season)
- South Shore Area – checking out convention – corp. info. Contact BOD – Gail for help
- Do we want to continue to alternate meetings like present, all in person? **Straw poll** result keep it the way it is for now. Readdress in December.
- FD do we still believe rotation is important – sending someone to WLSL? FD come back with plan in December – FD & RD/AD need to have better conversation and plan for sending people – **Straw poll** for this WSLD FUND 1 FD AIRFARE ONLY \$600 5 – YAY 2 - NAY
- Boston Area racism and diversity concerns – much discussion – need people who are willing to bridge the gap to step up and get involved – continue discussion

## **OLD BUSINESS**

### **Elections**

- Chair – Kevin H.
- Secretary – Kevin F.
- Asst. Secretary – Krist M.
- Finance MAL – Kevin F.

### **OPEN POSITIONS**

Vice Chair - **OPEN**

2 BOD Director Positions – **OPEN**

Website Chair – **OPEN**

2 Finance Members at Large (MAL) - **OPEN**

Literature Chair - **OPEN**

RMD - **OPEN**

Policy Chair – **OPEN**

**THERE ARE MANY OPEN POSITIONS – PLEASE BRING THESE BACK TO YOUR AREAS!!!**

## **NEW BUSINESS**

### **MOTIONS**

**See Appendix B**

Appendix A

OCTOBER 2023 REGIONAL MEETING ATTENDANCE

| <b>Position</b> | <b>Present</b> |
|-----------------|----------------|
| Chair           | Open           |
| Vice Chair      | Open           |
| Secretary       | Open           |
| Asst Secretary  | Open           |
| Treasurer       | X              |
| Asst Treasurer  | X              |
| Finance         | X              |
| BOD             | X              |
| RD              | X              |
| RDA             |                |
| Convention      | X              |
| H&I             | X              |
| PR/Phoneline    | X              |
| Policy          | Open           |
| Website         | Open           |
| FD              |                |
| Literature      | Open           |
| RMD             | Open           |
| Insurance       | Open           |

| <b>Areas</b>       |   |
|--------------------|---|
| Boston             | X |
| Cape Cod           |   |
| Central Mass       | X |
| Greater Providence | X |
| Martha's Vineyard  |   |
| Metro West         | X |
| Nantucket          |   |
| North East Mass    |   |
| South East Mass    | X |
| South Shore        | X |
| Western Mass       | X |



New England Regional Services Committee

### MONEY MOTION FORM

Date:  Total:

Motion Maker:  2<sup>nd</sup>:

Check Payable To:

Mailing Address:

Motion:

Intent:

Policy Changes:

**VOTE:**

|                                |                               |                                 |  |
|--------------------------------|-------------------------------|---------------------------------|--|
| In Favor: <input type="text"/> | Opposed: <input type="text"/> | Abstained: <input type="text"/> |  |
|--------------------------------|-------------------------------|---------------------------------|--|

Tabled:  Sent to Committee:

Notes:



New England Regional Services Committee

## MONEY MOTION FORM

Date:  Total:

Motion Maker:  2<sup>nd</sup>:

Check Payable To:

Mailing Address:

Motion:

Intent:

Policy Changes:

**VOTE:**

In Favor:  Opposed:  Abstained:

Tabled:  Sent to Committee:

Notes:





New England Regional Services Committee

## MONEY MOTION FORM

Date:  Total:

Motion Maker:  2<sup>nd</sup>:

Check Payable To:

Mailing Address:

Motion:

Intent:

Policy Changes:

**VOTE:**

In Favor:  Opposed:  Abstained:

Tabled:  Sent to Committee:

Notes:



New England Regional Services Committee

## MONEY MOTION FORM

Date:  Total:

Motion Maker:  2<sup>nd</sup>:

Check Payable To:

Mailing Address:

Motion:

Intent:

Policy Changes:

**VOTE:**

In Favor:  Opposed:  Abstained:

Tabled:  Sent to Committee:

Notes:

**ADDENDUM - TREASURER**

**New England Regional Service Committee of NA  
Balance Sheet Detail  
As of October 16, 2023**

|   | Date       | Transact<br>ion Type | Num         | Name             | Memo/De<br>scription                               | Split | Debit    | Credit   | Amount            | Balance           |
|---|------------|----------------------|-------------|------------------|--|-------|----------|----------|-------------------|-------------------|
| <b>ASSETS</b>                                   |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>Checking at Citizens Bank - Ne</b>           |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 82.93             |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
|   | 10/02/2023 | Check                | 1510        |                  | Customary Expenses:Hosting                         |       |          | 600.00   | -600.00           | -517.07           |
|   | 10/14/2023 | Deposit              |             |                  | -Split-  |       | 1,183.49 |          | 1,183.49          | 666.42            |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:PR SA               |       |          | 250.00   | -250.00           | 416.42            |
|   | 10/14/2023 | Check                | paypal xfer | Zoom             | Customary Expenses                                 |       |          | 27.18    | -27.18            | 389.24            |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:FD SA               |       |          | 765.00   | -765.00           | -375.76           |
|   | 10/14/2023 | Deposit              |             | Network For Good | Group & Area Contributions:Anonymous Contributions |       | 50.00    |          | 50.00             | -325.76           |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:Insurance SA        |       |          | 704.67   | -704.67           | -1,030.43         |
|   | 10/14/2023 | Deposit              |             | South Shore Area | Group & Area Contributions                         |       | 489.97   |          | 489.97            | -540.46           |
|   | 10/14/2023 | Deposit              |             | MetroWest        | Group & Area Contributions                         |       | 715.13   |          | 715.13            | 174.67            |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:RD / AD SA          |       |          | 1,941.00 | -1,941.00         | -1,766.33         |
|   | 10/14/2023 | Deposit              |             | Western MA       | Group & Area Contributions                         |       | 187.24   |          | 187.24            | -1,579.09         |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:Website SA          |       |          | 87.76    | -87.76            | -1,666.85         |
|   | 10/14/2023 | Deposit              |             | Western MA       | Group & Area Contributions                         |       | 869.23   |          | 869.23            | -797.62           |
|   | 10/15/2023 | Check                | 1517        |                  | RD / AD Expenses                                   |       |          | 1,235.00 | -1,235.00         | -2,032.62         |
|   | 10/15/2023 | Check                | 1512        |                  | RD / AD Expenses                                   |       |          | 655.66   | -655.66           | -2,688.28         |
|   | 10/15/2023 | Check                | 1514        |                  | Fellowship Development Expenses                    |       |          | 600.00   | -600.00           | -3,288.28         |
|   | 10/15/2023 | Check                | 1515        | NAWS             | PR Expenses  |       |          | 176.85   | -176.85           | -3,465.13         |
|   | 10/15/2023 | Check                | 1511        |                  | RD / AD Expenses                                   |       |          | 655.66   | -655.66           | -4,120.79         |
|   | 10/15/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:PR SA               |       |          | 67.18    | -67.18            | -4,187.97         |
|   | 10/15/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:FD SA               |       | 1,120.00 |          | 1,120.00          | -3,067.97         |
|   | 10/15/2023 | Check                | 1518        | NAWS             | Customary Expenses:NAWS Contribution               |       |          | 255.20   | -255.20           | -3,323.17         |
|   | 10/15/2023 | Check                | 1516        |                  | RD / AD Expenses                                   |       |          | 1,235.00 | -1,235.00         | -4,558.17         |
|   | 10/15/2023 | Check                | 1513        |                  | RD / AD Expenses                                   |       |          | 200.00   | -200.00           | -4,758.17         |
|   | 10/16/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:PR SA               |       | 176.85   |          | 176.85            | -4,581.32         |
|   | 10/16/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:FD SA               |       | 600.00   |          | 600.00            | -3,981.32         |
|   | 10/16/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne:RD / AD SA          |       | 4,180.50 |          | 4,180.50          | 199.18            |
|   |            |                      |             |                  |  |       |          |          | <b>\$ 116.25</b>  |                   |
| <b>Total for Checking at Citizens Bank - Ne</b> |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>BOD - SA</b>                                 |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 4,000.00          |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
| <b>Total for BOD - SA</b>                       |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>Convention SA</b>                            |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 10,000.00         |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
| <b>Total for Convention SA</b>                  |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>FD SA</b>                                    |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 955.00            |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne                     |       | 765.00   |          | 765.00            | 1,720.00          |
|   | 10/15/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne                     |       |          | 1,120.00 | -1,120.00         | 600.00            |
|   | 10/16/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne                     |       |          | 600.00   | -600.00           | 0.00              |
|   |            |                      |             |                  |  |       |          |          | <b>-\$ 955.00</b> |                   |
| <b>Total for FD SA</b>                          |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>Insurance SA</b>                             |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 2,530.27          |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
|   | 10/14/2023 | Transfer             |             |                  | Checking at Citizens Bank - Ne                     |       | 704.67   |          | 704.67            | 3,234.94          |
|   |            |                      |             |                  |  |       |          |          | <b>\$ 704.67</b>  |                   |
| <b>Total for Insurance SA</b>                   |            |                      |             |                  |  |       |          |          |                   |                   |
| <b>NESSNA SA</b>                                |            |                      |             |                  |  |       |          |          |                   |                   |
|   |            |                      |             |                  |  |       |          |          |                   | 4,400.00          |
|   |            |                      |             |                  |  |       |          |          |                   | Beginning Balance |
| <b>Total for NESSNA SA</b>                      |            |                      |             |                  |  |       |          |          |                   |                   |

# New England Regional Service Committee of NA

## Balance Sheet

As of October 16, 2023

|   | TOTAL              |
|---|--------------------|
| <b>ASSETS</b>                               |                    |
| Current Assets                              |                    |
| Bank Accounts                               |                    |
| Checking at Citizens Bank - Ne              | 199.18             |
| BOD - SA                                    | 4,000.00           |
| Convention SA                               | 10,000.00          |
| FD SA                                       | 0.00               |
| Insurance SA                                | 3,234.94           |
| NESSNA SA                                   | 4,400.00           |
| PR SA                                       | 0.00               |
| Prudent Reserve                             | 3,629.40           |
| Prudent Reserve Buffer                      | 3,253.73           |
| RD / AD SA                                  | 0.00               |
| Travel SA                                   | 500.00             |
| Website SA                                  | 411.46             |
| <b>Total Checking at Citizens Bank - Ne</b> | <b>29,628.71</b>   |
| <b>Total Bank Accounts</b>                  | <b>\$29,628.71</b> |
| <b>Total Current Assets</b>                 | <b>\$29,628.71</b> |
| <b>TOTAL ASSETS</b>                         | <b>\$29,628.71</b> |
| <b>LIABILITIES AND EQUITY</b>               |                    |
| Liabilities                                 |                    |
| <b>Total Liabilities</b>                    |                    |
| Equity                                      |                    |
| Unrestricted Net Assets                     | 8,897.67           |
| Net Income                                  | 20,731.04          |
| <b>Total Equity</b>                         | <b>\$29,628.71</b> |
| <b>TOTAL LIABILITIES AND EQUITY</b>         | <b>\$29,628.71</b> |

# New England Regional Service Committee of NA

## Deposit Detail

October 1-16, 2023

| DATE       | TRANSACTION TYPE | NUM     | CUSTOMER  | VENDOR           | MEMO/DESCRIPTION | CLR | AMOUNT   |
|------------|------------------|---------|-----------|------------------|------------------|-----|----------|
| 10/14/2023 | Deposit          |         |           | Western MA       |                  |     | 187.24   |
|            |                  | 001479  |           | Western MA       |                  |     | 187.24   |
| 10/14/2023 | Deposit          |         |           | Western MA       |                  |     | 869.23   |
|            |                  | 001467  |           | Western MA       |                  |     | 869.23   |
| 10/14/2023 | Deposit          |         |           |                  |                  |     | 1,183.49 |
|            |                  |         |           | Anonymous        | Alexa S.         |     | 26.00    |
|            |                  |         |           | JFT              |                  |     | 66.16    |
|            |                  |         |           | NEMA             |                  |     | 168.19   |
|            |                  |         |           | Anonymous        | Zack D           |     | 6.37     |
|            |                  |         |           | NEMA             |                  |     | 732.87   |
|            |                  |         |           | JFT              |                  |     | 32.83    |
|            |                  |         |           | Anonymous        | Hayden W         |     | 22.88    |
|            |                  |         |           | Anonymous        | David E          |     | 9.31     |
|            |                  |         |           | Anonymous        | Kailie G         |     | 97.52    |
|            |                  |         |           | NEMA             |                  |     | 21.36    |
| 10/14/2023 | Deposit          |         |           | South Shore Area |                  |     | 489.97   |
|            |                  | 1184    |           | South Shore Area |                  |     | 489.97   |
| 10/14/2023 | Deposit          |         | MetroWest |                  |                  |     | 715.13   |
|            |                  | 102     | MetroWest |                  |                  |     | 715.13   |
| 10/14/2023 | Deposit          |         |           | Network For Good |                  |     | 50.00    |
|            |                  | 4878530 |           | Network For Good |                  |     | 50.00    |

|   |                   |          |                                |          |          |                     |                     |                     |
|---|-------------------|----------|--------------------------------|----------|----------|---------------------|---------------------|---------------------|
| PR SA   |                   |          |                                |          |          |                     |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | -140.33             |
|   | 10/14/2023        | Transfer | Checking at Citizens Bank - Ne | 250.00   | 250.00   |                     |                     | 109.67              |
|   | 10/15/2023        | Transfer | Checking at Citizens Bank - Ne | 67.18    | 67.18    |                     |                     | 176.85              |
|   | 10/16/2023        | Transfer | Checking at Citizens Bank - Ne |          | 176.85   | -176.85             |                     | 0.00                |
| <b>Total for PR SA Prudent Reserve</b>                            |                   |          |                                |          |          | <b>\$ 140.33</b>    |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | 3,629.40            |
| <b>Total for Prudent Reserve Prudent Reserve Buffer</b>           |                   |          |                                |          |          |                     |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | 3,253.73            |
| <b>Total for Prudent Reserve Buffer RD / AD SA</b>                |                   |          |                                |          |          |                     |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | 2,239.50            |
|   | 10/14/2023        | Transfer | Checking at Citizens Bank - Ne | 1,941.00 | 1,941.00 |                     |                     | 4,180.50            |
|   | 10/16/2023        | Transfer | Checking at Citizens Bank - Ne |          | 4,180.50 | -4,180.50           |                     | 0.00                |
| <b>Total for RD / AD SA Travel SA</b>                             |                   |          |                                |          |          | <b>-\$ 2,239.50</b> |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | 500.00              |
| <b>Total for Travel SA Website SA</b>                             |                   |          |                                |          |          |                     |                     |                     |
|   | Beginning Balance |          |                                |          |          |                     |                     | 323.70              |
|   | 10/14/2023        | Transfer | Checking at Citizens Bank - Ne | 87.76    | 87.76    |                     |                     | 411.46              |
| <b>Total for Website SA</b>                                       |                   |          |                                |          |          | <b>\$ 87.76</b>     |                     |                     |
| <b>Total for Checking at Citizens Bank - Ne with sub-accounts</b> |                   |          |                                |          |          | <b>-\$ 2,145.49</b> |                     |                     |
| <b>TOTAL ASSETS</b>   |                   |          |                                |          |          |                     |                     | <b>-\$ 2,145.49</b> |
| <b>LIABILITIES AND EQUITY</b>                                     |                   |          |                                |          |          |                     |                     | <b>\$ 29,628.71</b> |
| Equity  |                   |          |                                |          |          |                     |                     |                     |
| Retained Earnings   |                   |          |                                |          |          |                     | <b>\$ 8,897.67</b>  | <b>\$ 8,897.67</b>  |
| Net Income  |                   |          |                                |          |          |                     | <b>\$ 20,731.04</b> | <b>\$ 20,731.04</b> |
| Total Equity  |                   |          |                                |          |          |                     | <b>\$ 29,628.71</b> | <b>\$ 29,628.71</b> |
| <b>Total Liabilities and Equity</b>                               |                   |          |                                |          |          |                     | <b>\$ 29,628.71</b> | <b>\$ 29,628.71</b> |

Monday, Oct 16, 2023 11:34:11 AM GMT-7 - Accrual Basis